

| ナンバー | 氏名     | 所属       | 種目       | 記録      | 部門順位 | 部門順位奇通過1 | 周回1     | 通過2     | 周回2     | 通過3     | 周回3     | 通過4     | 周回4     | 通過5     | 周回5     | 通過6     | 周回6     | 通過7     | 周回7     | 通過8     | 周回8     | 通過9     | 周回9     | 通過10    | 周回10    | 通過11    | 周回11    | 通過12    | 周回12    | 通過13      | 周回13    |         |
|------|--------|----------|----------|---------|------|----------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|-----------|---------|---------|
| 9    | 吉田 和彦  |          | 5000m-1組 | 19:29.7 | 1    | 37       | 00:47.6 | 00:47.6 | 02:23.5 | 01:35.9 | 03:57.4 | 01:33.8 | 05:30.5 | 01:33.0 | 07:02.8 | 01:32.3 | 08:35.3 | 01:32.5 | 10:07.4 | 01:32.0 | 11:39.4 | 01:32.0 | 13:12.6 | 01:33.2 | 14:47.0 | 01:34.3 | 16:23.0 | 01:36.0 | 17:58.1 | 01:35.0   | 19:29.7 | 01:31.5 |
| 8    | 三井 正勝  | 小金井公園RC  | 5000m-1組 | 19:36.9 | 2    | 37       | 00:49.7 | 00:49.7 | 02:24.3 | 01:34.6 | 03:59.7 | 01:35.4 | 05:35.5 | 01:35.7 | 07:11.9 | 01:36.4 | 08:48.2 | 01:36.3 | 10:22.9 | 01:34.7 | 11:58.2 | 01:35.2 | 13:34.3 | 01:36.1 | 15:09.7 | 01:35.4 | 16:45.1 | 01:35.3 | 18:14.4 | 01:29.2   | 19:36.9 | 01:22.5 |
| 3    | 近藤 健太郎 |          | 5000m-1組 | 19:44.3 | 3    | 37       | 00:47.3 | 00:47.3 | 02:22.9 | 01:35.6 | 03:59.0 | 01:36.0 | 05:35.0 | 01:35.9 | 07:10.7 | 01:35.7 | 08:47.0 | 01:36.2 | 10:25.1 | 01:35.5 | 11:57.9 | 01:35.3 | 13:33.9 | 01:36.0 | 15:09.4 | 01:35.4 | 16:45.0 | 01:35.5 | 18:18.7 | 01:33.7   | 19:44.3 | 01:25.5 |
| 10   | 桑原 佑輔  |          | 5000m-1組 | 20:02.7 | 4    | 37       | 00:46.9 | 00:46.9 | 02:23.6 | 01:36.7 | 03:59.6 | 01:36.0 | 05:35.4 | 01:35.8 | 07:11.7 | 01:36.2 | 08:48.0 | 01:36.2 | 10:24.1 | 01:36.1 | 12:02.1 | 01:37.9 | 13:40.4 | 01:38.3 | 15:19.0 | 01:38.5 | 16:58.2 | 01:39.2 | 18:34.5 | 01:36.2   | 20:02.7 | 01:28.1 |
| 12   | 守谷 昌久  |          | 5000m-1組 | 20:10.5 | 5    | 37       | 00:47.1 | 00:47.1 | 02:23.2 | 01:36.1 | 03:59.4 | 01:36.1 | 05:34.9 | 01:35.5 | 07:11.0 | 01:36.1 | 08:47.7 | 01:36.6 | 10:23.2 | 01:35.5 | 12:01.6 | 01:38.3 | 13:40.9 | 01:39.3 | 15:19.8 | 01:38.9 | 16:58.9 | 01:39.0 | 18:35.6 | 01:36.6   | 20:10.5 | 01:34.9 |
| 20   | 石川 真康  |          | 5000m-1組 | 20:15.6 | 6    | 37       | 00:50.1 | 00:50.1 | 02:26.0 | 01:35.9 | 04:02.7 | 01:36.6 | 05:39.9 | 01:37.1 | 07:17.7 | 01:37.8 | 08:56.4 | 01:38.6 | 10:32.7 | 01:36.2 | 12:10.7 | 01:37.9 | 13:50.3 | 01:39.6 | 15:30.5 | 01:40.2 | 17:08.4 | 01:37.8 | 18:47.0 | 01:38.6   | 20:15.6 | 01:28.5 |
| 2    | 嶋崎 由恵  |          | 5000m-1組 | 20:17.8 | 7    | 37       | 00:49.4 | 00:49.4 | 02:26.3 | 01:36.9 | 04:03.3 | 01:36.9 | 05:41.6 | 01:38.2 | 07:19.9 | 01:38.3 | 08:57.5 | 01:37.6 | 10:34.9 | 01:37.4 | 12:11.9 | 01:37.0 | 13:50.6 | 01:38.7 | 15:28.8 | 01:38.1 | 17:07.1 | 01:38.3 | 18:45.9 | 01:38.8   | 20:17.8 | 01:31.8 |
| 4    | 伊藤 公博  | 小金井公園走友会 | 5000m-1組 | 20:22.5 | 8    | 37       | 00:48.4 | 00:48.4 | 02:24.6 | 01:36.1 | 04:00.2 | 01:35.6 | 05:36.0 | 01:35.7 | 07:12.8 | 01:36.7 | 08:50.6 | 01:37.8 | 10:30.3 | 01:39.7 | 12:10.1 | 01:39.7 | 13:50.1 | 01:39.9 | 15:30.4 | 01:40.2 | 17:09.1 | 01:38.7 | 18:47.5 | 01:38.3   | 20:22.5 | 01:34.9 |
| 45   | 羽田 健太  | まるお製作所   | 5000m-1組 | 20:31.3 | 9    | 37       | 00:47.9 | 00:47.9 | 02:24.0 | 01:36.0 | 04:00.0 | 01:35.9 | 05:35.4 | 01:35.4 | 07:12.3 | 01:36.8 | 08:48.4 | 01:36.1 | 10:25.7 | 01:37.2 | 12:05.0 | 01:39.2 | 13:46.2 | 01:41.2 | 15:29.4 | 01:43.1 | 17:11.0 | 01:41.6 | 18:51.7 | 01:40.6   | 20:31.3 | 01:39.5 |
| 1    | 山口 浩満  | ハートブレイク  | 5000m-1組 | 20:33.7 | 10   | 37       | 00:50.0 | 00:50.0 | 02:26.2 | 01:36.2 | 04:02.5 | 01:36.3 | 05:39.3 | 01:36.7 | 07:17.1 | 01:37.8 | 08:55.4 | 01:38.2 | 10:31.8 | 01:36.4 | 12:11.0 | 01:39.1 | 13:53.4 | 01:42.4 | 15:34.1 | 01:40.6 | 17:15.3 | 01:41.2 | 18:56.9 | 01:41.6   | 20:33.7 | 01:36.7 |
| 18   | 荒谷 正   |          | 5000m-1組 | 20:41.3 | 11   | 37       | 00:47.8 | 00:47.8 | 02:23.9 | 01:36.0 | 03:59.6 | 01:35.7 | 05:34.1 | 01:34.5 | 07:12.2 | 01:38.1 | 08:51.0 | 01:38.7 | 10:30.0 | 01:39.0 | 12:11.4 | 01:41.3 | 13:53.6 | 01:42.2 | 15:37.4 | 01:43.7 | 17:20.7 | 01:43.2 | 19:02.8 | 01:42.1   | 20:41.3 | 01:38.5 |
| 22   | 田村 一也  |          | 5000m-1組 | 20:44.1 | 12   | 37       | 00:50.3 | 00:50.3 | 02:28.2 | 01:37.9 | 04:08.4 | 01:40.1 | 05:49.7 | 01:41.3 | 07:31.3 | 01:41.5 | 09:11.2 | 01:39.9 | 10:52.3 | 01:41.0 | 12:31.3 | 01:38.9 | 14:09.1 | 01:37.8 | 15:50.1 | 01:41.0 | 17:31.2 | 01:41.1 | 19:11.2 | 01:39.9   | 20:44.1 | 01:32.9 |
| 29   | 山崎 俊治  | すごー練     | 5000m-1組 | 20:46.5 | 13   | 37       | 00:51.1 | 00:51.1 | 02:28.3 | 01:37.1 | 04:08.9 | 01:40.5 | 05:49.9 | 01:41.0 | 07:31.6 | 01:41.6 | 09:11.5 | 01:39.9 | 10:52.7 | 01:41.2 | 12:31.6 | 01:38.8 | 14:09.2 | 01:37.6 | 15:50.0 | 01:40.8 | 17:31.9 | 01:41.8 | 19:10.5 | 01:38.6   | 20:46.5 | 01:36.0 |
| 14   | 上野 正紀  |          | 5000m-1組 | 20:50.8 | 14   | 37       | 00:47.8 | 00:47.8 | 02:23.9 | 01:36.0 | 03:59.8 | 01:35.9 | 05:35.3 | 01:35.4 | 07:11.7 | 01:36.3 | 08:47.9 | 01:36.2 | 10:27.2 | 01:39.2 | 12:09.5 | 01:42.3 | 13:54.5 | 01:44.9 | 15:41.9 | 01:47.4 | 17:28.5 | 01:46.5 | 19:12.3 | 01:43.8   | 20:50.8 | 01:38.4 |
| 48   | 馬下 明日香 |          | 5000m-1組 | 20:51.8 | 15   | 37       | 00:49.8 | 00:49.8 | 02:28.2 | 01:38.4 | 04:08.9 | 01:40.6 | 05:49.9 | 01:41.0 | 07:31.4 | 01:41.4 | 09:11.4 | 01:40.0 | 10:52.5 | 01:41.1 | 12:31.4 | 01:38.9 | 14:10.0 | 01:38.5 | 15:51.5 | 01:41.4 | 17:32.4 | 01:40.9 | 19:13.3 | 01:40.9   | 20:51.8 | 01:38.4 |
| 23   | 石川 和佳  | EMI練     | 5000m-1組 | 20:53.5 | 16   | 37       | 00:50.6 | 00:50.6 | 02:31.8 | 01:41.2 | 04:12.9 | 01:41.0 | 05:51.1 | 01:38.2 | 07:32.9 | 01:41.7 | 09:12.6 | 01:40.7 | 10:53.5 | 01:40.9 | 12:33.0 | 01:39.9 | 14:11.5 | 01:38.4 | 15:51.2 | 01:39.7 | 17:31.9 | 01:40.6 | 19:13.1 | 01:41.1   | 20:53.5 | 01:40.4 |
| 27   | 松浦 義人  |          | 5000m-1組 | 21:09.9 | 17   | 37       | 00:53.6 | 00:53.6 | 02:32.3 | 01:38.7 | 04:14.0 | 01:41.7 | 05:53.4 | 01:39.4 | 07:33.1 | 01:39.6 | 09:13.2 | 01:40.0 | 10:53.9 | 01:40.7 | 12:33.3 | 01:39.4 | 14:13.8 | 01:40.5 | 15:56.6 | 01:42.7 | 17:40.7 | 01:44.1 | 19:26.2 | 01:45.4   | 21:09.9 | 01:43.6 |
| 5    | 飯田 佳子  |          | 5000m-1組 | 21:12.4 | 18   | 37       | 00:50.3 | 00:50.3 | 02:30.2 | 01:39.9 | 04:14.3 | 01:44.0 | 05:59.0 | 01:44.7 | 07:42.2 | 01:43.1 | 09:25.1 | 01:42.9 | 11:06.8 | 01:41.7 | 12:50.1 | 01:43.3 | 14:34.3 | 01:44.1 | 16:18.5 | 01:44.2 | 18:01.1 | 01:42.6 | 19:41.0 | 01:39.8   | 21:12.4 | 01:31.3 |
| 39   | 萩原 陽一郎 |          | 5000m-1組 | 21:15.9 | 19   | 37       | 00:51.2 | 00:51.2 | 02:29.2 | 01:37.9 | 04:09.0 | 01:39.0 | 05:50.1 | 01:41.1 | 07:31.6 | 01:41.5 | 09:12.2 | 01:40.6 | 10:55.8 | 01:43.5 | 12:42.5 | 01:46.6 | 14:31.8 | 01:49.3 | 16:19.5 | 01:47.6 | 18:02.6 | 01:43.9 | 19:43.3 | 01:40.6   | 21:15.9 | 01:32.6 |
| 43   | 眞貝 友希恵 |          | 5000m-1組 | 21:22.7 | 20   | 37       | 00:53.3 | 00:53.3 | 02:41.7 | 01:48.4 | 04:33.2 | 01:51.4 | 06:22.5 | 01:49.3 | 08:12.0 | 01:49.5 | 10:02.6 | 01:50.5 | 11:51.9 | 01:49.3 | 13:41.7 | 01:49.7 | 15:32.6 | 01:50.9 | 17:21.6 | 01:48.9 | 19:08.9 | 01:47.3 | 20:49.6 | 01:40.7   | 21:22.7 | 00:33.0 |
| 32   | 君塚 千恵  |          | 5000m-1組 | 21:24.3 | 21   | 37       | 00:50.9 | 00:50.9 | 02:30.5 | 01:39.6 | 04:14.4 | 01:43.8 | 05:59.3 | 01:44.9 | 07:42.5 | 01:43.1 | 09:25.7 | 01:43.1 | 11:07.5 | 01:41.7 | 12:50.8 | 01:43.3 | 14:35.0 | 01:44.1 | 16:19.0 | 01:44.0 | 18:01.9 | 01:42.9 | 19:43.6 | 01:41.6   | 21:24.3 | 01:40.7 |
| 19   | 山本 亘也  | ゼロベースRC  | 5000m-1組 | 21:25.9 | 22   | 37       | 00:49.5 | 00:49.5 | 02:25.4 | 01:35.8 | 04:01.7 | 01:36.3 | 05:39.0 | 01:37.3 | 07:16.9 | 01:37.8 | 08:55.9 | 01:38.9 | 10:31.9 | 01:35.9 | 12:17.3 | 01:45.4 | 14:07.3 | 01:49.9 | 16:00.4 | 01:53.0 | 17:50.0 | 01:49.6 | 19:40.1 | 01:50.1   | 21:25.9 | 01:45.7 |
| 35   | 若林 有美  |          | 5000m-1組 | 21:37.8 | 23   | 37       | 00:51.4 | 00:51.4 | 02:35.5 | 01:44.0 | 04:23.0 | 01:47.4 | 06:07.3 | 01:44.3 | 07:51.0 | 01:43.7 | 09:35.1 | 01:44.0 | 11:19.0 | 01:43.9 | 13:03.1 | 01:44.1 | 14:46.6 | 01:43.4 | 16:30.4 | 01:43.7 | 18:15.4 | 01:45.0 | 19:59.3 | 01:43.9   | 21:37.8 | 01:38.4 |
| 49   | 萩野谷 賢太 |          | 5000m-1組 | 21:58.7 | 24   | 37       | 00:54.4 | 00:54.4 | 02:42.6 | 01:48.2 | 04:34.5 | 01:51.8 | 06:24.2 | 01:49.7 | 08:13.7 | 01:49.5 | 10:04.2 | 01:50.4 | 11:53.6 | 01:49.4 | 13:43.2 | 01:49.6 | 15:33.9 | 01:50.6 | 17:22.4 | 01:48.4 | 19:09.9 | 01:47.5 | 20:52.4 | 01:42.5   | 21:58.7 | 01:06.2 |
| 33   | 飯尾 健   |          | 5000m-1組 | 22:16.5 | 25   | 37       | 00:55.0 | 00:55.0 | 02:43.1 | 01:48.0 | 04:34.5 | 01:51.4 | 06:24.8 | 01:50.2 | 08:14.1 | 01:49.2 | 10:04.6 | 01:50.5 | 11:53.9 | 01:49.2 | 13:39.9 | 01:46.0 | 15:17.8 | 01:37.9 | 17:02.1 | 01:43.7 | 18:46.8 | 01:45.3 | 20:35.4 | 01:48.6   | 22:16.5 | 01:41.1 |
| 34   | 廣嶋 優子  |          | 5000m-1組 | 22:18.7 | 26   | 37       | 00:51.7 | 00:51.7 | 02:35.8 | 01:44.1 | 04:23.8 | 01:48.0 | 06:10.4 | 01:46.5 | 07:53.9 | 01:43.5 | 09:39.4 | 01:44.0 | 11:24.6 | 01:45.1 | 13:10.2 | 01:45.6 | 14:55.1 | 01:44.9 | 16:39.6 | 01:44.4 | 18:14.7 | 02:02.1 | 20:37.0 | 01:55.3   | 22:18.7 | 01:41.6 |
| 36   | 嘉本 梨花  |          | 5000m-1組 | 22:20.0 | 27   | 37       | 00:51.0 | 00:51.0 | 02:31.7 | 01:40.7 | 04:14.9 | 01:43.1 | 05:59.9 | 01:45.0 | 07:43.0 | 01:43.1 | 09:28.0 | 01:45.0 | 11:16.7 | 01:48.7 | 13:05.2 | 01:48.4 | 14:54.4 | 01:49.1 | 16:44.9 | 01:50.5 | 18:38.5 | 01:53.5 | 20:32.5 | 01:54.0   | 22:20.0 | 01:47.5 |
| 38   | 松本 健   |          | 5000m-1組 | 22:32.0 | 28   | 37       | 00:53.2 | 00:53.2 | 02:41.4 | 01:48.1 | 04:33.0 | 01:51.6 | 06:22.5 | 01:49.4 | 08:11.8 | 01:49.3 | 10:02.5 | 01:50.6 | 11:51.8 | 01:49.3 | 13:41.4 | 01:49.6 | 15:32.4 | 01:51.0 | 17:21.1 | 01:48.6 | 19:08.5 | 01:47.3 | 20:53.4 | 01:44.9   | 22:32.0 | 01:38.5 |
| 42   | 白井 隆太  |          | 5000m-1組 | 22:36.1 | 29   | 37       | 00:54.6 | 00:54.6 | 02:42.3 | 01:47.7 | 04:33.3 | 01:51.0 | 06:22.8 | 01:49.5 | 08:12.2 | 01:49.3 | 10:02.6 | 01:50.3 | 11:51.8 | 01:49.2 | 13:41.6 | 01:49.7 | 15:32.7 | 01:51.0 | 17:21.4 | 01:48.7 | 19:09.0 | 01:47.0 | 20:54.3 | 01:45.2   | 22:36.1 | 01:41.8 |
| 50   | 矢島 美友紀 |          | 5000m-1組 | 22:37.3 | 30   | 37       | 00:54.0 | 00:54.0 | 02:42.2 | 01:48.1 | 04:34.1 | 01:51.9 | 06:23.8 | 01:49.6 | 08:12.8 | 01:49.0 | 10:03.4 | 01:50.5 | 11:52.9 | 01:49.5 | 13:42.5 | 01:49.5 | 15:33.6 | 01:51.1 | 17:22.4 | 01:48.7 | 19:09.5 | 01:47.0 | 20:53.6 | 01:44.1   | 22:37.3 | 01:43.6 |
| 25   | 加々美 朋子 |          | 5000m-1組 | 22:38.7 | 31   | 37       | 00:53.5 | 00:53.5 | 02:41.8 | 01:48.2 | 04:33.4 | 01:51.6 | 06:23.4 | 01:49.9 | 08:12.6 | 01:49.1 | 10:03.1 | 01:50.4 | 11:52.5 | 01:49.4 | 13:42.1 | 01:49.5 | 15:33.3 | 01:51.1 | 17:21.7 | 01:48.4 | 19:09.6 | 01:47.8 | 20:56.0 | 01:46.3   | 22:38.7 | 01:42.7 |
| 46   | 初鹿野 直美 |          | 5000m-1組 | 22:47.1 | 32   | 37       | 00:52.6 | 00:52.6 | 02:39.2 | 01:46.6 | 04:27.9 | 01:48.6 | 06:16.1 | 01:48.1 | 08:03.0 | 01:46.9 | 09:51.6 | 01:48.6 | 11:41.1 | 01:49.4 | 13:30.6 | 01:49.5 | 15:21.3 | 01:50.7 | 17:15.6 | 01:54.3 | 19:10.3 | 01:54.6 | 21:03.2 | 01:52.9</ |         |         |

|    |        |              |          |     |     |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |  |  |
|----|--------|--------------|----------|-----|-----|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|--|--|
| 11 | 上田 陽子  | 5000m-2組     | 19:36.5  | 22  | 44  | 00:46.9 | 00:46.9 | 02:18.2 | 01:31.3 | 03:50.1 | 01:31.8 | 05:22.4 | 01:32.2 | 06:56.3 | 01:33.9 | 08:31.3 | 01:35.0 | 10:05.9 | 01:34.5 | 11:40.8 | 01:34.9 | 13:17.8 | 01:36.9 | 14:53.4 | 01:35.5 | 16:30.8 | 01:37.3 | 18:06.0 | 01:35.2 | 19:36.5 | 01:30.4 |  |  |
| 21 | 飯田 健太郎 | 5000m-2組     | 19:37.7  | 23  | 44  | 00:47.3 | 00:47.3 | 02:18.4 | 01:31.0 | 03:50.2 | 01:31.8 | 05:20.2 | 01:30.0 | 06:51.5 | 01:31.2 | 08:23.4 | 01:31.9 | 09:55.5 | 01:32.0 | 11:27.5 | 01:32.0 | 13:01.6 | 01:34.0 | 14:40.3 | 01:38.7 | 16:18.3 | 01:38.0 | 18:00.9 | 01:42.6 | 19:37.7 | 01:36.7 |  |  |
| 34 | 加藤 崇   | 5000m-2組     | 19:38.8  | 24  | 44  | 00:46.3 | 00:46.3 | 02:17.9 | 01:31.5 | 03:49.9 | 01:32.0 | 05:20.6 | 01:30.7 | 06:53.9 | 01:33.2 | 08:28.9 | 01:34.9 | 10:04.0 | 01:35.1 | 11:38.7 | 01:34.6 | 13:15.5 | 01:36.8 | 14:53.8 | 01:38.3 | 16:31.2 | 01:37.3 | 18:08.2 | 01:37.0 | 19:38.8 | 01:30.5 |  |  |
| 35 | 田頭 郁   | 5000m-2組     | 19:39.2  | 25  | 44  | 00:49.1 | 00:49.1 | 02:19.2 | 01:30.1 | 03:51.1 | 01:31.9 | 05:24.0 | 01:32.9 | 06:58.6 | 01:34.5 | 08:30.9 | 01:32.3 | 10:05.3 | 01:34.4 | 11:42.5 | 01:37.1 | 13:20.6 | 01:38.1 | 14:57.8 | 01:37.1 | 16:35.8 | 01:37.9 | 18:11.3 | 01:35.5 | 19:39.2 | 01:27.8 |  |  |
| 27 | 阿部 章   | 5000m-2組     | 19:40.0  | 26  | 44  | 00:50.4 | 00:50.4 | 02:20.8 | 01:30.3 | 03:52.6 | 01:31.8 | 05:25.3 | 01:32.7 | 06:59.4 | 01:34.0 | 08:32.1 | 01:32.7 | 10:04.9 | 01:32.7 | 11:39.1 | 01:34.2 | 13:13.6 | 01:34.4 | 14:50.0 | 01:36.4 | 16:28.4 | 01:38.3 | 18:06.3 | 01:37.9 | 19:40.0 | 01:33.7 |  |  |
| 40 | 浦 もみじ  | むぎちゃん応援隊     | 19:40.2  | 27  | 44  | 00:48.8 | 00:48.8 | 02:20.7 | 01:31.8 | 03:55.7 | 01:35.0 | 05:30.7 | 01:34.9 | 07:05.1 | 01:34.3 | 08:40.9 | 01:35.7 | 10:16.7 | 01:35.8 | 11:52.0 | 01:35.2 | 13:26.7 | 01:34.7 | 15:03.6 | 01:36.8 | 16:37.1 | 01:33.5 | 18:09.0 | 01:31.9 | 19:40.2 | 01:31.2 |  |  |
| 46 | 橋岡 聡   | 5000m-2組     | 19:42.8  | 28  | 44  | 00:49.9 | 00:49.9 | 02:23.2 | 01:33.3 | 03:57.6 | 01:34.4 | 05:32.7 | 01:35.0 | 07:07.1 | 01:34.3 | 08:42.6 | 01:35.5 | 10:18.5 | 01:35.8 | 11:53.9 | 01:35.4 | 13:27.7 | 01:33.8 | 15:05.1 | 01:37.4 | 16:39.0 | 01:33.8 | 18:14.3 | 01:35.3 | 19:42.8 | 01:28.5 |  |  |
| 41 | 横 紀一   | 5000m-2組     | 19:46.6  | 29  | 44  | 00:49.0 | 00:49.0 | 02:22.2 | 01:33.2 | 03:56.7 | 01:34.5 | 05:31.6 | 01:34.8 | 07:06.4 | 01:34.8 | 08:41.7 | 01:35.3 | 10:17.9 | 01:36.1 | 11:53.0 | 01:35.1 | 13:27.5 | 01:34.4 | 15:04.6 | 01:37.1 | 16:38.3 | 01:33.7 | 18:13.8 | 01:35.4 | 19:46.6 | 01:32.8 |  |  |
| 37 | 湯浅 大亮  | ゼロベースRC      | 19:50.4  | 30  | 44  | 00:49.8 | 00:49.8 | 02:22.4 | 01:32.5 | 03:56.1 | 01:33.7 | 05:30.9 | 01:34.8 | 07:05.3 | 01:34.4 | 08:41.0 | 01:35.7 | 10:16.5 | 01:35.4 | 11:52.0 | 01:35.4 | 13:26.4 | 01:34.4 | 15:03.7 | 01:37.2 | 16:38.4 | 01:34.6 | 18:15.8 | 01:37.4 | 19:50.4 | 01:34.5 |  |  |
| 12 | 高橋 宏仁  | クラブR2東日本     | 19:54.8  | 31  | 44  | 00:48.4 | 00:48.4 | 02:21.9 | 01:33.4 | 03:58.1 | 01:36.2 | 05:32.8 | 01:34.7 | 07:09.7 | 01:36.9 | 08:45.4 | 01:35.7 | 10:17.8 | 01:32.3 | 11:56.4 | 01:38.6 | 13:41.0 | 01:44.5 | 15:14.9 | 01:33.8 | 16:50.4 | 01:35.5 | 18:26.2 | 01:35.8 | 19:54.8 | 01:28.6 |  |  |
| 47 | 松下 良   | ONE TOKYO RC | 20:01.7  | 32  | 44  | 00:46.4 | 00:46.4 | 02:16.3 | 01:29.8 | 03:47.0 | 01:30.7 | 05:16.8 | 01:29.7 | 06:47.6 | 01:30.8 | 08:19.0 | 01:31.4 | 09:53.8 | 01:34.7 | 11:29.1 | 01:35.3 | 13:04.3 | 01:35.2 | 14:43.7 | 01:39.3 | 16:22.3 | 01:38.6 | 18:30.7 | 02:08.4 | 20:01.7 | 01:31.0 |  |  |
| 28 | 森谷 充雄  | 3shine       | 20:02.4  | 33  | 44  | 00:50.3 | 00:50.3 | 02:24.6 | 01:34.3 | 03:59.5 | 01:34.9 | 05:33.9 | 01:34.3 | 07:08.1 | 01:34.2 | 08:44.0 | 01:35.8 | 10:20.8 | 01:36.8 | 11:58.1 | 01:37.3 | 13:34.5 | 01:36.3 | 15:13.1 | 01:38.6 | 16:51.9 | 01:38.7 | 18:29.7 | 01:37.8 | 20:02.4 | 01:32.6 |  |  |
| 32 | 近藤 方雅  | 5000m-2組     | 20:16.3  | 34  | 44  | 00:46.5 | 00:46.5 | 02:17.4 | 01:30.8 | 03:49.1 | 01:31.6 | 05:18.6 | 01:29.4 | 06:51.0 | 01:32.4 | 08:29.2 | 01:38.1 | 10:07.7 | 01:38.4 | 11:49.9 | 01:42.1 | 13:30.7 | 01:40.8 | 15:11.5 | 01:40.7 | 16:54.4 | 01:42.9 | 18:39.3 | 01:44.9 | 20:16.3 | 01:36.9 |  |  |
| 45 | 森友 幸   | 5000m-2組     | 20:17.9  | 35  | 44  | 00:49.4 | 00:49.4 | 02:21.6 | 01:32.2 | 03:56.5 | 01:34.6 | 05:31.4 | 01:34.9 | 07:06.1 | 01:34.6 | 08:41.5 | 01:35.4 | 10:17.4 | 01:35.9 | 11:53.1 | 01:35.6 | 13:29.9 | 01:36.7 | 15:11.7 | 01:41.8 | 16:53.3 | 01:41.9 | 18:36.0 | 01:42.6 | 20:17.9 | 01:41.9 |  |  |
| 30 | 小田 切 涉 | 5000m-2組     | 20:24.5  | 36  | 44  | 00:48.7 | 00:48.7 | 02:18.8 | 01:30.0 | 03:50.8 | 01:32.0 | 05:22.8 | 01:32.0 | 06:57.3 | 01:34.5 | 08:33.7 | 01:36.3 | 10:13.2 | 01:39.4 | 11:54.9 | 01:41.7 | 13:36.4 | 01:41.5 | 15:18.2 | 01:41.7 | 17:01.4 | 01:43.2 | 18:43.3 | 01:41.9 | 20:24.5 | 01:41.1 |  |  |
| 26 | 平岡 謙亮  | 5000m-2組     | 20:27.6  | 37  | 44  | 00:49.9 | 00:49.9 | 02:22.8 | 01:32.9 | 03:57.5 | 01:34.6 | 05:32.4 | 01:34.8 | 07:08.2 | 01:35.8 | 08:50.4 | 01:42.2 | 10:34.9 | 01:44.4 | 12:18.1 | 01:43.1 | 13:59.9 | 01:41.8 | 15:41.6 | 01:41.7 | 17:21.6 | 01:39.9 | 19:00.6 | 01:39.0 | 20:27.6 | 01:26.9 |  |  |
| 44 | 石上 聡子  | JINGER       | 20:31.5  | 38  | 44  | 00:50.3 | 00:50.3 | 02:24.0 | 01:33.7 | 03:58.8 | 01:34.7 | 05:34.8 | 01:35.9 | 07:12.1 | 01:37.3 | 08:53.3 | 01:41.2 | 10:36.7 | 01:43.3 | 12:18.6 | 01:41.9 | 13:59.6 | 01:41.0 | 15:41.6 | 01:41.9 | 17:21.8 | 01:40.2 | 19:00.9 | 01:39.0 | 20:31.5 | 01:30.5 |  |  |
| 42 | 森下 歩   | 快体健歩         | 5000m-2組 | -   | DNF |         |         |         | 01:31.8 | 03:56.1 | 01:35.0 | 05:31.0 | 01:34.9 | 07:05.4 | 01:34.3 | 08:41.0 | 01:35.6 |         |         |         |         |         |         |         |         |         |         |         |         |         |         |  |  |
| 18 | 飯田 徹   | ベストスマイル      | 5000m-2組 | -   | DNF |         |         |         | 01:30.5 | 03:49.6 | 01:31.8 | 05:23.8 | 01:34.2 | 07:03.7 | 01:39.8 | 08:48.6 | 01:44.9 | 10:38.7 | 01:50.1 | 12:28.3 | 01:49.5 |         |         |         |         |         |         |         |         |         |         |  |  |
| 24 | 深山 清春  | 5000m-2組     | -        | DNF |     |         |         |         | 01:30.8 | 03:46.5 | 01:31.0 | 05:16.2 | 01:29.6 | 06:46.9 | 01:30.6 | 08:17.8 | 01:30.9 | 09:46.7 | 01:28.9 | 11:16.1 | 01:29.3 |         |         |         |         |         |         |         |         |         |         |  |  |
| 15 | 矢部木 二郎 | 5000m-2組     | -        | DNF |     |         |         |         | 01:31.0 | 03:48.4 | 01:33.2 | 05:18.8 | 01:30.3 | 06:50.3 | 01:31.5 | 08:22.5 | 01:32.1 | 09:54.4 | 01:31.9 | 11:25.9 | 01:31.4 | 12:57.9 | 01:32.0 | 14:54.7 | 01:56.8 |         |         |         |         |         |         |  |  |
| 10 | 相沢 良幸  | 5000m-2組     | -        | DNF |     |         |         |         | 01:31.1 | 03:50.9 | 01:31.6 | 05:22.8 | 01:31.9 | 06:53.1 | 01:30.2 | 08:24.5 | 01:31.4 | 09:59.5 | 01:35.0 | 11:39.8 | 01:40.3 | 14:35.7 | 02:55.8 |         |         |         |         |         |         |         |         |  |  |
| 9  | 林 みづほ  | 5000m-2組     | -        | DNF |     |         |         |         | 01:30.2 | 03:45.6 | 01:31.0 | 05:15.4 | 01:29.7 | 06:45.8 | 01:30.4 | 08:17.1 | 01:31.3 | 09:48.1 | 01:31.0 | 11:21.5 | 01:33.4 | 12:56.6 | 01:35.0 | 14:31.8 | 01:35.2 | 16:10.6 | 01:38.7 |         |         |         |         |  |  |
| 7  | 竹田 明弘  | 5000m-3組     | 17:11.8  | 1   | 40  | 00:42.5 | 00:42.5 | 02:06.4 | 01:23.9 | 03:30.6 | 01:23.5 | 04:54.4 | 01:24.3 | 06:17.3 | 01:22.9 | 07:40.7 | 01:23.3 | 09:04.4 | 01:23.7 | 10:28.5 | 01:24.0 | 11:52.1 | 01:23.6 | 13:15.7 | 01:23.6 | 14:39.5 | 01:23.8 | 16:01.9 | 01:22.3 | 17:11.8 | 01:09.9 |  |  |
| 5  | 柳沢 敬司  | TRACK TOKYO  | 17:13.9  | 2   | 40  | 00:41.2 | 00:41.2 | 02:06.6 | 01:25.3 | 03:30.6 | 01:24.0 | 04:54.8 | 01:24.2 | 06:18.3 | 01:23.4 | 07:41.6 | 01:23.3 | 09:04.6 | 01:23.0 | 10:28.7 | 01:24.1 | 11:52.2 | 01:23.4 | 13:16.2 | 01:23.9 | 14:39.5 | 01:23.3 | 16:02.0 | 01:22.4 | 17:13.9 | 01:11.9 |  |  |
| 1  | 多田 晶彦  | 南蛮連合         | 17:14.5  | 3   | 40  | 00:40.8 | 00:40.8 | 02:05.3 | 01:24.5 | 03:29.5 | 01:24.2 | 04:53.8 | 01:24.2 | 06:17.2 | 01:23.3 | 07:40.6 | 01:23.4 | 09:04.3 | 01:23.6 | 10:28.3 | 01:24.0 | 11:51.9 | 01:23.6 | 13:15.7 | 01:23.7 | 14:39.3 | 01:23.5 | 16:02.5 | 01:23.2 | 17:14.5 | 01:12.0 |  |  |
| 6  | 久原 健太  | 多摩川クラブ       | 17:30.6  | 4   | 40  | 00:41.6 | 00:41.6 | 02:06.2 | 01:24.6 | 03:30.6 | 01:24.3 | 04:54.8 | 01:24.2 | 06:17.9 | 01:23.1 | 07:41.5 | 01:23.5 | 09:05.1 | 01:23.5 | 10:28.6 | 01:23.4 | 11:52.7 | 01:24.1 | 13:16.4 | 01:23.7 | 14:40.0 | 01:23.6 | 16:05.0 | 01:25.0 | 17:30.6 | 01:25.5 |  |  |
| 11 | 永井 元気  | 5000m-3組     | 17:35.6  | 5   | 40  | 00:44.3 | 00:44.3 | 02:07.3 | 01:23.0 | 03:31.5 | 01:24.1 | 04:55.4 | 01:23.9 | 06:18.4 | 01:22.9 | 07:42.2 | 01:23.8 | 09:06.5 | 01:24.2 | 10:29.2 | 01:22.7 | 11:54.1 | 01:24.9 | 13:22.7 | 01:28.5 | 14:51.6 | 01:28.9 | 16:15.7 | 01:24.1 | 17:35.6 | 01:19.9 |  |  |
| 20 | 木屋村 守  | 多摩川クラブ       | 17:38.7  | 6   | 40  | 00:41.7 | 00:41.7 | 02:06.4 | 01:24.7 | 03:30.3 | 01:23.8 | 04:54.6 | 01:24.2 | 06:17.4 | 01:22.8 | 07:41.1 | 01:23.6 | 09:06.3 | 01:25.2 | 10:33.0 | 01:26.6 | 12:01.3 | 01:28.3 | 13:26.2 | 01:24.9 | 14:51.0 | 01:24.7 | 16:15.8 | 01:24.8 | 17:38.7 | 01:22.9 |  |  |
| 12 | 貝塚 宗義  | 5000m-3組     | 17:55.6  | 7   | 40  | 00:44.4 | 00:44.4 | 02:07.0 | 01:22.6 | 03:31.2 | 01:24.2 | 04:55.4 | 01:24.1 | 06:18.6 | 01:23.1 | 07:42.5 | 01:23.8 | 09:07.4 | 01:24.9 | 10:33.9 | 01:26.5 | 12:01.8 | 01:27.8 | 13:29.1 | 01:27.3 | 14:58.0 | 01:28.8 | 16:30.1 | 01:32.1 | 17:55.6 | 01:25.4 |  |  |
| 27 | 加藤 公一  | YCFB客代       | 17:56.9  | 8   | 40  | 00:44.9 | 00:44.9 | 02:12.0 | 01:27.0 | 03:36.9 | 01:24.8 | 05:01.9 | 01:25.0 | 06:29.4 | 01:27.5 | 07:55.0 | 01:25.5 | 09:20.8 | 01:25.8 | 10:48.2 | 01:27.3 | 12:13.0 | 01:24.7 | 13:41.0 | 01:28.0 | 15:06.6 | 01:25.5 | 16:36.2 | 01:29.5 | 17:56.9 | 01:20.7 |  |  |
| 49 | 安達 功   | TEAM R×L+    | 18:03.0  | 9   | 40  | 00:37.5 | 00:37.5 | 02:03.9 | 01:26.4 | 03:29.2 | 01:25.3 | 04:55.1 | 01:25.9 | 06:21.5 | 01:26.3 | 07:48.1 | 01:26.5 | 09:17.3 | 01:29.2 | 10:48.1 | 01:30.7 | 12:16.5 | 01:28.3 | 13:47.3 | 01:30.8 | 15:17.5 | 01:30.1 | 16:44.9 | 01:27.4 | 18:03.0 | 01:18.0 |  |  |
| 15 | 松田 好弘  | 5000m-3組     | 18:05.5  | 10  | 40  | 00:42.7 | 00:42.7 | 02:08.3 | 01:25.6 | 03:33.0 | 01:24.6 | 04:57.9 | 01:24.9 | 06:23.0 | 01:25.0 | 07:48.7 | 01:25.7 | 09:14.2 | 01:25.4 | 10:39.3 | 01:25.1 | 12:07.8 | 01:28.5 | 13:37.4 | 01:29.6 | 15:07.3 | 01:29.8 | 16:40.6 | 01:33.3 | 18:05.5 | 01:24.9 |  |  |
| 32 | 秦泉寺 大興 | コソ藤クラブ       | 18:07.4  | 11  | 40  | 00:44.8 | 00:44.8 | 02:14.2 | 01:29.3 | 03:40.1 | 01:25.9 | 05:07.2 | 01:27.0 | 06:35.0 | 01:27.7 | 08:03.9 | 01:28.9 | 09:31.3 | 01:27.4 | 10:59.7 | 01:28.3 | 12:28.8 | 01:29.1 | 13:56.2 | 01:27.4 | 15:22.7 | 01:26.4 | 16:49.5 | 01:26.8 | 18:07.4 | 01:17.8 |  |  |
| 18 | 石川 真之  | 5000m-3組     | 18:08.6  | 12  | 40  | 00:43.3 | 00:43.3 | 02:11.7 | 01:28.4 | 03:38.9 | 01:27.2 | 05:05.4 | 01:26.4 | 06:33.3 | 01:27.9 | 08:02.3 | 01:28.9 | 09:29.3 | 01:27.0 | 10:57.9 | 01:28.5 | 12:27.0 | 01:29.1 | 13:54.3 | 01:27.2 | 15:21.3 | 01:26   |         |         |         |         |  |  |

|    |        |              |          |         |     |    |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |
|----|--------|--------------|----------|---------|-----|----|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| 36 | 清水 修   | ELDORISO     | 5000m-3組 | -       | DNF | 40 | 00:43.1 | 00:43.1 | 02:11.2 | 01:28.0 | 03:38.5 | 01:27.3 | 05:05.0 | 01:26.4 | 06:33.1 | 01:28.0 | 08:01.9 | 01:28.8 | 09:29.5 | 01:27.5 | 10:59.6 | 01:30.0 | 11:29.4 | 00:29.8 |         |         |         |         |         |         |         |         |
| 14 | 安永 亮   | 松山東88        | 5000m-3組 | -       | DNF | 40 | 00:43.0 | 00:43.0 | 02:08.1 | 01:25.1 | 03:32.6 | 01:24.4 | 04:57.3 | 01:24.7 | 06:22.5 | 01:25.1 | 07:49.1 | 01:26.5 |         |         |         |         |         |         |         |         |         |         |         |         |         |         |
| 50 | 片山 真入  |              | 5000m-3組 | -       | DNF | 40 | 00:44.1 | 00:41.1 | 02:05.8 | 01:24.6 | 03:30.1 | 01:24.3 | 04:54.5 | 01:24.4 | 06:17.8 | 01:23.2 | 07:41.8 | 01:23.9 | 09:06.9 | 01:25.0 | 10:36.9 | 01:30.0 | 12:08.7 | 01:31.7 |         |         |         |         |         |         |         |         |
| 40 | 中村 祐典  | SCR          | 5000m-4組 | -       | DNF | 40 | 00:44.4 | 00:44.4 | 02:14.8 | 01:30.4 | 03:42.2 | 01:27.4 | 05:13.2 | 01:30.9 | 06:41.9 | 01:28.6 | 08:13.0 | 01:31.1 | 09:45.4 | 01:32.3 | 11:19.8 | 01:34.4 | 12:58.3 | 01:38.4 |         |         |         |         |         |         |         |         |
| 6  | 須田 由太  | 南蛮連合         | 5000m-4組 | 16:11.8 | 1   | 44 | 00:38.3 | 00:38.3 | 01:56.5 | 01:18.2 | 03:17.2 | 01:20.6 | 04:36.8 | 01:19.6 | 05:55.7 | 01:18.8 | 07:15.1 | 01:19.4 | 08:33.7 | 01:18.6 | 09:52.5 | 01:18.7 | 11:10.6 | 01:18.0 | 12:29.2 | 01:18.6 | 13:45.8 | 01:16.5 | 15:02.0 | 01:16.1 | 16:11.8 | 01:09.7 |
| 5  | 阿部 雅   |              | 5000m-4組 | 16:15.2 | 2   | 44 | 00:39.3 | 00:39.3 | 01:57.5 | 01:18.2 | 03:17.8 | 01:20.3 | 04:37.0 | 01:19.1 | 05:56.3 | 01:19.3 | 07:16.3 | 01:20.0 | 08:34.5 | 01:18.1 | 09:53.0 | 01:18.5 | 11:10.8 | 01:17.8 | 12:29.4 | 01:18.5 | 13:47.0 | 01:17.5 | 15:04.5 | 01:17.5 | 16:15.2 | 01:10.6 |
| 8  | 宮本 雅文  | エビトラAC       | 5000m-4組 | 16:18.6 | 3   | 44 | 00:38.5 | 00:38.5 | 01:56.5 | 01:17.9 | 03:16.6 | 01:20.0 | 04:36.2 | 01:19.6 | 05:55.2 | 01:18.9 | 07:14.8 | 01:19.6 | 08:33.4 | 01:18.6 | 09:52.2 | 01:18.7 | 11:10.3 | 01:18.1 | 12:28.8 | 01:18.5 | 13:46.5 | 01:17.7 | 15:03.9 | 01:17.3 | 16:18.6 | 01:14.7 |
| 1  | 古川 涼   | CLASTAR      | 5000m-4組 | 16:20.2 | 4   | 44 | 00:39.1 | 00:39.1 | 01:56.4 | 01:17.2 | 03:16.5 | 01:20.0 | 04:36.1 | 01:19.6 | 05:55.0 | 01:18.8 | 07:14.6 | 01:19.6 | 08:33.1 | 01:18.4 | 09:52.0 | 01:18.8 | 11:10.0 | 01:18.0 | 12:28.8 | 01:18.7 | 13:46.5 | 01:17.6 | 15:04.6 | 01:18.1 | 16:20.2 | 01:15.6 |
| 14 | 中村 天之丞 | 横浜市陸上競技協会    | 5000m-4組 | 16:29.7 | 5   | 44 | 00:40.4 | 00:40.4 | 01:59.1 | 01:18.7 | 03:18.4 | 01:19.2 | 04:37.9 | 01:19.5 | 05:57.6 | 01:19.7 | 07:17.4 | 01:19.7 | 08:36.5 | 01:19.1 | 09:55.5 | 01:18.9 | 11:16.1 | 01:20.6 | 12:35.5 | 01:19.4 | 13:55.3 | 01:19.7 | 15:14.9 | 01:19.5 | 16:29.7 | 01:14.8 |
| 18 | 川口 翔平  |              | 5000m-4組 | 16:33.2 | 6   | 44 | 00:41.6 | 00:41.6 | 02:03.5 | 01:21.9 | 03:21.9 | 01:18.4 | 04:42.8 | 01:20.9 | 06:03.3 | 01:20.5 | 07:22.1 | 01:18.8 | 08:43.3 | 01:21.1 | 10:02.2 | 01:18.8 | 11:23.1 | 01:20.9 | 12:43.3 | 01:20.2 | 14:02.7 | 01:19.3 | 15:21.6 | 01:18.9 | 16:33.2 | 01:11.6 |
| 34 | 飯田 隼人  |              | 5000m-4組 | 16:34.5 | 7   | 44 | 00:41.3 | 00:41.3 | 02:01.2 | 01:19.8 | 03:21.3 | 01:20.1 | 04:42.5 | 01:21.2 | 06:02.6 | 01:20.0 | 07:21.8 | 01:19.2 | 08:42.8 | 01:21.0 | 10:01.7 | 01:18.9 | 11:22.9 | 01:21.1 | 12:43.3 | 01:20.4 | 14:02.7 | 01:19.3 | 15:22.0 | 01:19.3 | 16:34.5 | 01:12.4 |
| 19 | 矢野 大朝  | DOROKAME24   | 5000m-4組 | 16:35.4 | 8   | 44 | 00:37.9 | 00:37.9 | 01:56.0 | 01:18.1 | 03:16.4 | 01:20.3 | 04:36.1 | 01:19.6 | 05:55.4 | 01:19.2 | 07:15.6 | 01:20.2 | 08:33.9 | 01:18.2 | 09:52.5 | 01:18.6 | 11:12.2 | 01:19.6 | 12:36.1 | 01:23.9 | 13:58.9 | 01:22.8 | 15:21.6 | 01:22.7 | 16:35.4 | 01:13.7 |
| 39 | 佐藤 裕太  |              | 5000m-4組 | 16:42.8 | 9   | 44 | 00:37.6 | 00:37.6 | 01:54.6 | 01:16.9 | 03:12.9 | 01:18.3 | 04:32.0 | 01:19.1 | 05:54.8 | 01:22.7 | 07:15.5 | 01:20.6 | 08:37.2 | 01:21.6 | 10:00.9 | 01:23.6 | 11:23.6 | 01:22.7 | 12:47.4 | 01:23.8 | 14:11.4 | 01:23.9 | 15:31.2 | 01:19.7 | 16:42.8 | 01:11.6 |
| 7  | 嶋井 拓海  |              | 5000m-4組 | 16:43.9 | 10  | 44 | 00:39.6 | 00:39.6 | 01:57.6 | 01:17.9 | 03:18.1 | 01:20.5 | 04:37.7 | 01:19.6 | 05:57.1 | 01:19.3 | 07:17.3 | 01:20.2 | 08:37.0 | 01:19.6 | 09:56.6 | 01:19.6 | 11:17.9 | 01:21.2 | 12:39.9 | 01:22.0 | 14:02.7 | 01:22.7 | 15:25.7 | 01:23.0 | 16:43.9 | 01:18.2 |
| 22 | 郡司 真彦  | バトルフェイスねる    | 5000m-4組 | 16:46.0 | 11  | 44 | 00:41.0 | 00:41.0 | 02:03.1 | 01:22.0 | 03:24.4 | 01:21.3 | 04:47.8 | 01:23.4 | 06:07.0 | 01:19.1 | 07:27.8 | 01:20.8 | 08:49.5 | 01:21.7 | 10:10.7 | 01:21.2 | 11:31.3 | 01:20.6 | 12:52.1 | 01:20.7 | 14:09.7 | 01:17.6 | 15:28.5 | 01:18.8 | 16:46.0 | 01:17.4 |
| 49 | 鹿野内 駿  | サウルスジャパンRC   | 5000m-4組 | 16:47.3 | 12  | 44 | 00:40.0 | 00:40.0 | 02:01.1 | 01:21.1 | 03:24.2 | 01:23.0 | 04:46.4 | 01:22.2 | 06:06.4 | 01:19.9 | 07:27.2 | 01:20.8 | 08:47.6 | 01:20.3 | 10:08.0 | 01:20.4 | 11:27.2 | 01:19.2 | 12:46.7 | 01:19.5 | 14:09.5 | 01:22.7 | 15:33.6 | 01:24.1 | 16:47.3 | 01:13.6 |
| 30 | 菅原 伸明  |              | 5000m-4組 | 16:48.1 | 13  | 44 | 00:42.0 | 00:42.0 | 02:04.0 | 01:22.0 | 03:25.0 | 01:21.0 | 04:47.5 | 01:22.4 | 06:06.9 | 01:19.3 | 07:27.4 | 01:20.5 | 08:48.0 | 01:20.6 | 10:09.5 | 01:21.4 | 11:30.7 | 01:21.2 | 12:51.6 | 01:20.8 | 14:13.0 | 01:21.3 | 15:33.5 | 01:20.5 | 16:48.1 | 01:14.5 |
| 20 | 小野田 寛  |              | 5000m-4組 | 16:48.4 | 14  | 44 | 00:43.3 | 00:43.3 | 02:05.5 | 01:22.2 | 03:26.9 | 01:21.4 | 04:48.9 | 01:22.0 | 06:09.8 | 01:20.8 | 07:29.7 | 01:19.9 | 08:50.9 | 01:21.1 | 10:11.2 | 01:20.3 | 11:32.5 | 01:21.2 | 12:53.0 | 01:20.5 | 14:13.9 | 01:20.8 | 15:33.3 | 01:19.3 | 16:48.4 | 01:15.1 |
| 13 | 村山 智彦  | rslab        | 5000m-4組 | 16:50.1 | 15  | 44 | 00:38.7 | 00:38.7 | 01:56.9 | 01:18.1 | 03:16.9 | 01:20.0 | 04:36.4 | 01:19.5 | 05:55.1 | 01:18.6 | 07:16.1 | 01:20.9 | 08:37.2 | 01:21.1 | 09:59.9 | 01:22.6 | 11:23.3 | 01:23.4 | 12:43.6 | 01:20.3 | 14:08.5 | 01:24.8 | 15:32.2 | 01:23.7 | 16:50.1 | 01:17.8 |
| 48 | 増田 修平  | ELDESLOラウドラン | 5000m-4組 | 16:51.8 | 16  | 44 | 00:41.4 | 00:41.4 | 02:03.1 | 01:21.6 | 03:25.7 | 01:22.6 | 04:47.8 | 01:22.1 | 06:07.3 | 01:19.5 | 07:27.7 | 01:20.3 | 08:47.8 | 01:20.1 | 10:09.5 | 01:21.6 | 11:30.7 | 01:21.2 | 12:51.6 | 01:20.8 | 14:12.9 | 01:21.3 | 15:34.5 | 01:21.5 | 16:51.8 | 01:17.3 |
| 29 | 松尾 祐樹  |              | 5000m-4組 | 16:55.1 | 17  | 44 | 00:41.6 | 00:41.6 | 02:03.5 | 01:21.9 | 03:24.5 | 01:21.0 | 04:47.1 | 01:22.5 | 06:07.1 | 01:20.0 | 07:28.3 | 01:21.1 | 08:49.0 | 01:20.7 | 10:10.2 | 01:21.1 | 11:31.8 | 01:21.6 | 12:52.2 | 01:20.3 | 14:14.0 | 01:21.8 | 15:36.0 | 01:22.0 | 16:55.1 | 01:19.0 |
| 47 | 宮岡 淳   |              | 5000m-4組 | 16:58.1 | 18  | 44 | 00:41.2 | 00:41.2 | 02:03.1 | 01:21.8 | 03:24.8 | 01:21.7 | 04:46.9 | 01:22.0 | 06:07.8 | 01:20.9 | 07:28.3 | 01:21.0 | 08:49.6 | 01:21.3 | 10:10.5 | 01:20.9 | 11:32.7 | 01:22.2 | 12:54.0 | 01:21.3 | 14:16.2 | 01:22.1 | 15:38.4 | 01:22.2 | 16:58.1 | 01:19.6 |
| 17 | 信原 洋啓  | 静岡陸協         | 5000m-4組 | 16:59.7 | 19  | 44 | 00:40.3 | 00:40.3 | 02:01.5 | 01:21.2 | 03:24.4 | 01:22.9 | 04:46.9 | 01:22.4 | 06:07.1 | 01:20.1 | 07:28.1 | 01:21.0 | 08:49.9 | 01:20.8 | 10:10.2 | 01:21.2 | 11:32.2 | 01:21.9 | 12:54.0 | 01:22.9 | 14:17.9 | 01:22.7 | 15:41.3 | 01:23.3 | 16:59.7 | 01:18.4 |
| 15 | 井上 真弥  | 葛西ランナーズ      | 5000m-4組 | 17:03.8 | 20  | 44 | 00:40.6 | 00:40.6 | 02:02.8 | 01:22.1 | 03:24.7 | 01:21.8 | 04:47.1 | 01:22.4 | 06:07.1 | 01:20.0 | 07:28.2 | 01:21.1 | 08:48.6 | 01:20.3 | 10:10.1 | 01:21.4 | 11:32.5 | 01:22.4 | 12:54.8 | 01:22.3 | 14:18.9 | 01:24.1 | 15:43.6 | 01:24.6 | 17:03.8 | 01:20.1 |
| 2  | 田中 祐樹  | TAT          | 5000m-4組 | 17:05.1 | 21  | 44 | 00:39.7 | 00:39.7 | 02:00.0 | 01:20.2 | 03:21.4 | 01:21.4 | 04:42.9 | 01:21.4 | 06:03.5 | 01:20.6 | 07:23.0 | 01:19.5 | 08:43.7 | 01:20.6 | 10:06.8 | 01:23.0 | 11:30.8 | 01:23.9 | 12:57.4 | 01:26.6 | 14:23.0 | 01:25.6 | 15:48.7 | 01:25.6 | 17:05.1 | 01:16.4 |
| 3  | 末吉 亮太郎 | スクラッチ        | 5000m-4組 | 17:05.4 | 22  | 44 | 00:41.0 | 00:41.0 | 02:00.5 | 01:19.5 | 03:18.3 | 01:17.8 | 04:38.0 | 01:19.6 | 05:57.8 | 01:19.7 | 07:20.0 | 01:22.2 | 08:44.6 | 01:24.5 | 10:09.6 | 01:24.9 | 11:35.8 | 01:26.2 | 13:02.2 | 01:26.3 | 14:26.9 | 01:24.7 | 15:49.6 | 01:22.6 | 17:05.4 | 01:15.8 |
| 10 | 藤田 啓史  | 青竹荘          | 5000m-4組 | 17:07.2 | 23  | 44 | 00:38.7 | 00:38.7 | 01:56.9 | 01:18.1 | 03:17.5 | 01:20.6 | 04:37.2 | 01:19.6 | 05:56.8 | 01:19.6 | 07:16.7 | 01:21.9 | 08:36.7 | 01:19.9 | 09:58.8 | 01:22.1 | 11:24.1 | 01:25.2 | 12:51.1 | 01:26.9 | 14:19.1 | 01:26.0 | 15:45.5 | 01:26.4 | 17:07.2 | 01:21.7 |
| 37 | 藤澤 悠太  |              | 5000m-4組 | 17:08.3 | 24  | 44 | 00:41.0 | 00:41.0 | 02:03.2 | 01:22.1 | 03:25.5 | 01:22.3 | 04:49.2 | 01:23.6 | 06:12.2 | 01:23.0 | 07:35.6 | 01:23.4 | 08:59.5 | 01:23.9 | 10:22.8 | 01:23.2 | 11:45.8 | 01:23.0 | 13:09.2 | 01:23.3 | 14:31.1 | 01:21.8 | 15:53.4 | 01:22.3 | 17:08.3 | 01:14.8 |
| 32 | 岡部 健太  |              | 5000m-4組 | 17:10.8 | 25  | 44 | 00:42.2 | 00:42.2 | 02:04.3 | 01:22.1 | 03:25.5 | 01:21.1 | 04:48.2 | 01:22.6 | 06:08.6 | 01:20.4 | 07:29.0 | 01:20.4 | 08:50.3 | 01:21.2 | 10:11.5 | 01:21.1 | 11:33.2 | 01:21.7 | 12:54.0 | 01:20.8 | 14:17.6 | 01:23.6 | 15:44.6 | 01:27.0 | 17:10.8 | 01:26.2 |
| 27 | 小林 拓   | 柏の葉parkrun   | 5000m-4組 | 17:12.5 | 26  | 44 | 00:42.2 | 00:42.2 | 02:03.8 | 01:21.6 | 03:26.4 | 01:22.5 | 04:49.4 | 01:23.0 | 06:10.5 | 01:21.1 | 07:31.7 | 01:21.1 | 08:52.5 | 01:20.7 | 10:14.8 | 01:22.3 | 11:40.9 | 01:26.0 | 13:05.6 | 01:24.7 | 14:31.8 | 01:26.1 | 15:56.2 | 01:24.3 | 17:12.5 | 01:16.3 |
| 11 | 青山 大輝  | なし           | 5000m-4組 | 17:12.8 | 27  | 44 | 00:40.7 | 00:40.7 | 02:02.2 | 01:21.5 | 03:21.3 | 01:19.1 | 04:42.6 | 01:21.2 | 06:03.1 | 01:20.5 | 07:23.3 | 01:20.1 | 08:46.5 | 01:23.2 | 10:09.9 | 01:23.3 | 11:33.5 | 01:23.5 | 12:59.9 | 01:26.4 | 14:26.3 | 01:26.4 | 15:52.5 | 01:26.2 | 17:12.8 | 01:20.2 |
| 4  | 吹田 郁   |              | 5000m-4組 | 17:13.7 | 28  | 44 | 00:41.5 | 00:41.5 | 02:02.6 | 01:21.0 | 03:22.7 | 01:20.0 | 04:44.2 | 01:21.4 | 06:05.8 | 01:21.6 | 07:28.1 | 01:22.2 | 08:49.6 | 01:21.5 | 10:12.4 | 01:22.7 | 11:36.6 | 01:24.1 | 13:01.7 | 01:25.1 | 14:27.8 | 01:26.0 | 15:54.7 | 01:26.8 | 17:13.7 | 01:18.9 |
| 21 | 山田 真也  | ヤマシシ女学院      | 5000m-4組 | 17:16.3 | 29  | 44 | 00:42.4 | 00:42.4 | 02:05.0 | 01:22.5 | 03:28.2 | 01:23.1 | 04:51.4 | 01:23.2 | 06:15.2 | 01:23.7 | 07:36.5 | 01:21.3 | 09:00.0 | 01:23.4 | 10:23.5 | 01:23.5 | 11:46.1 | 01:22.5 | 13:09.5 | 01:23.4 | 14:32.9 | 01:23.3 | 15:59.2 | 01:26.3 | 17:16.3 | 01:17.0 |
| 40 | 伊藤 一規  |              | 5000m-4組 | 17:22.6 | 30  | 44 | 00:43.6 | 00:43.6 | 02:05.8 | 01:22.2 | 03:28.9 | 01:23.1 | 04:52.9 | 01:23.9 | 06:17.0 | 01:24.0 | 07:40.7 | 01:23.7 | 09:07.4 | 01:26.6 | 10:33.7 | 01:26.3 | 11:57.2 | 01:23.4 | 13:19.9 | 01:22.6 |         |         |         |         |         |         |

