

| ナンバー | 氏名 | 種目 | 記録 | 部門順位 | 部門順位母通過1 | 周回1 | 通過2 | 周回2 | 通過3 | 周回3 | 通過4 | 周回4 | 通過5 | 周回5 | 通過6 | 周回6 | 通過7 | 周回7 | 通過8 | 周回8 | 通過9 | 周回9 | 通過10 | 周回10 | 通過11 | 周回11 | 通過12 | 周回12 | 通過13 | 周回13 | |
|------|------------|---------|---------|------|----------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|-----------|---------|---------|---------|---------|---------|---------|
| 6 | 小田 恭輔 | 5000m-1 | 18:53.1 | 1 | 36 | 00:42.7 | 00:42.7 | 02:09.4 | 01:26.7 | 03:41.3 | 01:31.9 | 05:12.8 | 01:31.4 | 06:45.5 | 01:32.7 | 08:20.1 | 01:34.5 | 09:53.2 | 01:33.1 | 11:26.5 | 01:33.3 | 12:59.1 | 01:32.5 | 14:30.9 | 01:31.7 | 16:03.7 | 01:32.8 | 17:31.8 | 01:28.0 | 18:53.1 | 01:21.3 |
| 37 | 高橋 勇輝 | 5000m-1 | 19:03.3 | 2 | 36 | 00:43.9 | 00:43.9 | 02:21.9 | 01:38.0 | 03:54.7 | 01:32.7 | 05:28.7 | 01:33.9 | 07:03.1 | 01:34.3 | 08:35.4 | 01:32.3 | 10:09.9 | 01:34.5 | 11:43.2 | 01:33.2 | 13:17.0 | 01:33.8 | 14:49.4 | 01:32.3 | 16:20.0 | 01:30.6 | 17:44.7 | 01:24.7 | 19:03.3 | 01:18.6 |
| 3 | 栗原 猛 | 5000m-1 | 19:15.6 | 3 | 36 | 00:44.2 | 00:44.2 | 02:22.3 | 01:38.1 | 03:56.0 | 01:33.7 | 05:28.8 | 01:32.7 | 07:03.5 | 01:34.6 | 08:35.7 | 01:32.2 | 10:10.2 | 01:34.4 | 11:43.2 | 01:33.0 | 13:17.4 | 01:34.2 | 14:49.8 | 01:32.3 | 16:20.7 | 01:30.8 | 17:50.2 | 01:29.4 | 19:15.6 | 01:25.4 |
| 4 | 中山 英俊 | 5000m-1 | 19:18.4 | 4 | 36 | 00:43.9 | 00:43.9 | 02:22.0 | 01:38.0 | 03:55.2 | 01:33.2 | 05:29.0 | 01:33.7 | 07:03.6 | 01:34.6 | 08:35.8 | 01:32.2 | 10:10.5 | 01:34.6 | 11:43.6 | 01:33.1 | 13:18.0 | 01:34.3 | 14:50.4 | 01:32.3 | 16:22.0 | 01:31.6 | 17:53.9 | 01:31.9 | 19:18.4 | 01:24.5 |
| 2 | 矢部木 二郎 | 5000m-1 | 19:18.9 | 5 | 36 | 00:43.6 | 00:43.6 | 02:21.5 | 01:37.9 | 03:54.9 | 01:33.3 | 05:28.7 | 01:33.7 | 07:03.5 | 01:34.8 | 08:35.7 | 01:32.1 | 10:10.3 | 01:34.6 | 11:43.1 | 01:32.7 | 13:17.2 | 01:34.0 | 14:49.8 | 01:32.5 | 16:21.6 | 01:31.8 | 17:53.9 | 01:32.2 | 19:18.9 | 01:25.0 |
| 11 | Fjeddahl T | 5000m-1 | 19:22.0 | 6 | 36 | 00:44.5 | 00:44.5 | 02:22.8 | 01:38.2 | 03:56.8 | 01:34.0 | 05:30.2 | 01:33.4 | 07:04.5 | 01:34.3 | 08:37.3 | 01:32.7 | 10:10.9 | 01:33.6 | 11:43.6 | 01:32.6 | 13:17.5 | 01:33.9 | 14:49.8 | 01:32.2 | 16:21.6 | 01:31.7 | 17:54.3 | 01:32.7 | 19:22.0 | 01:27.6 |
| 10 | Wameser | 5000m-1 | 19:26.7 | 7 | 36 | 00:44.6 | 00:44.6 | 02:22.5 | 01:37.8 | 03:56.3 | 01:33.8 | 05:29.4 | 01:33.1 | 07:03.9 | 01:34.5 | 08:36.1 | 01:32.1 | 10:10.9 | 01:34.7 | 11:43.9 | 01:33.0 | 13:17.7 | 01:33.8 | 14:50.4 | 01:32.7 | 16:22.7 | 01:32.2 | 17:56.1 | 01:33.4 | 19:26.7 | 01:30.5 |
| 7 | 吉田 賢 | 5000m-1 | 19:38.5 | 8 | 36 | 00:43.7 | 00:43.7 | 02:21.9 | 01:38.1 | 03:55.7 | 01:33.8 | 05:29.3 | 01:33.6 | 07:03.9 | 01:34.5 | 08:36.2 | 01:32.3 | 10:10.8 | 01:34.5 | 11:44.6 | 01:33.8 | 13:20.3 | 01:35.7 | 14:56.6 | 01:36.2 | 16:32.9 | 01:36.3 | 18:08.3 | 01:35.4 | 19:38.5 | 01:30.2 |
| 8 | 高橋 淳 | 5000m-1 | 19:51.9 | 9 | 36 | 00:45.0 | 00:45.0 | 02:23.2 | 01:38.1 | 03:58.6 | 01:35.4 | 05:32.2 | 01:33.6 | 07:08.5 | 01:36.2 | 08:46.1 | 01:37.5 | 10:23.9 | 01:37.8 | 12:01.5 | 01:37.6 | 13:37.0 | 01:35.4 | 15:13.9 | 01:36.8 | 16:49.9 | 01:36.0 | 18:23.3 | 01:33.3 | 19:51.9 | 01:28.6 |
| 1 | 宮本 明 | 5000m-1 | 19:52.2 | 10 | 36 | 00:45.3 | 00:45.3 | 02:23.4 | 01:38.0 | 03:59.0 | 01:35.6 | 05:32.8 | 01:33.7 | 07:08.9 | 01:36.3 | 08:46.4 | 01:37.5 | 10:24.3 | 01:37.8 | 12:02.2 | 01:37.8 | 13:37.5 | 01:36.2 | 15:15.4 | 01:37.9 | 16:52.2 | 01:36.7 | 18:25.9 | 01:33.7 | 19:52.2 | 01:26.3 |
| 9 | 武井 真一 | 5000m-1 | 20:04.5 | 11 | 36 | 00:43.6 | 00:43.6 | 02:21.7 | 01:38.0 | 03:55.8 | 01:34.1 | 05:29.7 | 01:33.8 | 07:06.5 | 01:36.7 | 08:42.0 | 01:35.5 | 10:19.6 | 01:37.5 | 11:57.5 | 01:37.9 | 13:34.0 | 01:36.4 | 15:12.3 | 01:38.2 | 16:52.1 | 01:39.8 | 18:29.7 | 01:37.5 | 20:04.5 | 01:34.8 |
| 12 | 天野 みなみ | 5000m-1 | 20:07.3 | 12 | 36 | 00:45.0 | 00:45.0 | 02:23.1 | 01:38.0 | 03:57.4 | 01:34.2 | 05:30.9 | 01:33.5 | 07:05.5 | 01:34.5 | 08:40.2 | 01:34.6 | 10:15.3 | 01:35.0 | 11:53.5 | 01:38.1 | 13:30.8 | 01:37.3 | 15:10.1 | 01:39.2 | 16:50.9 | 01:40.7 | 18:31.7 | 01:40.8 | 20:07.3 | 01:35.6 |
| 17 | 磯崎 学 | 5000m-1 | 20:13.5 | 13 | 36 | 00:46.6 | 00:46.6 | 02:23.9 | 01:37.3 | 03:59.5 | 01:35.5 | 05:33.3 | 01:33.8 | 07:09.4 | 01:36.1 | 08:47.0 | 01:37.5 | 10:24.8 | 01:37.8 | 12:02.7 | 01:37.9 | 13:39.4 | 01:36.6 | 15:19.6 | 01:40.2 | 17:00.5 | 01:40.8 | 18:40.9 | 01:40.4 | 20:13.5 | 01:32.5 |
| 13 | 中村 直也 | 5000m-1 | 20:15.1 | 14 | 36 | 00:46.1 | 00:46.1 | 02:26.0 | 01:39.8 | 04:03.7 | 01:37.7 | 05:40.8 | 01:37.1 | 07:20.4 | 01:39.6 | 08:57.5 | 01:37.1 | 10:36.2 | 01:38.6 | 12:15.1 | 01:38.9 | 13:54.0 | 01:38.8 | 15:31.7 | 01:37.6 | 17:10.1 | 01:38.4 | 18:48.9 | 01:38.8 | 20:15.1 | 01:26.2 |
| 14 | 三好 秀典 | 5000m-1 | 20:19.9 | 15 | 36 | 00:47.6 | 00:47.6 | 02:28.2 | 01:40.5 | 04:07.4 | 01:39.2 | 05:44.9 | 01:37.4 | 07:23.3 | 01:38.4 | 09:01.4 | 01:38.1 | 10:39.1 | 01:37.6 | 12:15.2 | 01:36.0 | 13:54.4 | 01:39.2 | 15:31.9 | 01:37.5 | 17:10.2 | 01:38.3 | 18:47.2 | 01:36.9 | 20:19.9 | 01:32.6 |
| 25 | 広嶋 芳夫 | 5000m-1 | 20:20.5 | 16 | 36 | 00:47.0 | 00:47.0 | 02:24.7 | 01:37.6 | 04:00.8 | 01:36.1 | 05:34.9 | 01:34.0 | 07:11.4 | 01:36.5 | 08:49.9 | 01:38.4 | 10:30.4 | 01:40.5 | 12:10.5 | 01:40.0 | 13:50.1 | 01:39.5 | 15:30.7 | 01:40.6 | 17:10.6 | 01:39.8 | 18:49.2 | 01:38.6 | 20:20.5 | 01:31.2 |
| 18 | 伊従 希世 | 5000m-1 | 20:26.9 | 17 | 36 | 00:47.1 | 00:47.1 | 02:26.6 | 01:39.5 | 04:04.6 | 01:37.9 | 05:41.6 | 01:37.0 | 07:21.3 | 01:39.6 | 08:58.8 | 01:37.5 | 10:37.5 | 01:38.6 | 12:16.6 | 01:39.0 | 13:55.7 | 01:39.1 | 15:34.7 | 01:39.0 | 17:14.5 | 01:39.7 | 18:55.3 | 01:40.8 | 20:26.9 | 01:31.5 |
| 16 | 柳林 裕太 | 5000m-1 | 20:28.4 | 18 | 36 | 00:44.7 | 00:44.7 | 02:23.0 | 01:38.3 | 03:58.1 | 01:35.0 | 05:31.6 | 01:33.5 | 07:08.0 | 01:36.3 | 08:45.6 | 01:37.6 | 10:24.3 | 01:37.7 | 12:01.2 | 01:37.8 | 13:36.5 | 01:35.2 | 15:15.9 | 01:39.4 | 16:52.2 | 01:36.7 | 18:24.2 | 01:47.9 | 20:28.4 | 01:44.1 |
| 26 | 高橋 尚之 | 5000m-1 | 20:34.0 | 19 | 36 | 00:45.2 | 00:45.2 | 02:23.4 | 01:38.1 | 03:58.9 | 01:35.5 | 05:32.5 | 01:33.5 | 07:08.7 | 01:36.2 | 08:46.2 | 01:37.4 | 10:24.0 | 01:37.7 | 12:02.0 | 01:38.0 | 13:38.9 | 01:36.8 | 15:23.9 | 01:45.0 | 17:11.3 | 01:47.4 | 18:59.3 | 01:47.9 | 20:34.0 | 01:34.7 |
| 20 | 徳田 和美 | 5000m-1 | 20:40.4 | 20 | 36 | 00:46.1 | 00:46.1 | 02:26.2 | 01:40.0 | 04:04.3 | 01:38.1 | 05:41.4 | 01:37.0 | 07:21.0 | 01:39.6 | 08:58.3 | 01:37.3 | 10:36.9 | 01:38.5 | 12:16.3 | 01:39.4 | 13:55.6 | 01:39.3 | 15:35.6 | 01:39.9 | 17:17.8 | 01:42.1 | 19:00.9 | 01:43.1 | 20:40.4 | 01:39.5 |
| 15 | 北村 一誠 | 5000m-1 | 20:42.6 | 21 | 36 | 00:46.8 | 00:46.8 | 02:24.3 | 01:37.5 | 04:00.1 | 01:35.7 | 05:33.9 | 01:33.8 | 07:10.1 | 01:36.2 | 08:48.8 | 01:38.6 | 10:29.9 | 01:41.1 | 12:10.1 | 01:40.2 | 13:49.6 | 01:39.4 | 15:30.5 | 01:40.9 | 17:12.9 | 01:42.3 | 18:58.4 | 01:45.5 | 20:42.6 | 01:44.2 |
| 38 | Ashley Gr | 5000m-1 | 20:42.7 | 22 | 36 | 00:47.4 | 00:47.4 | 02:27.4 | 01:40.0 | 04:06.7 | 01:39.2 | 05:44.6 | 01:37.8 | 07:24.9 | 01:40.3 | 09:06.7 | 01:41.7 | 10:47.4 | 01:40.7 | 12:28.3 | 01:40.8 | 14:08.4 | 01:40.1 | 15:50.5 | 01:42.1 | 17:31.9 | 01:41.3 | 19:11.3 | 01:39.4 | 20:42.7 | 01:31.4 |
| 21 | 田村 直史 | 5000m-1 | 20:45.4 | 23 | 36 | 00:46.5 | 00:46.5 | 02:26.2 | 01:39.6 | 04:04.1 | 01:37.9 | 05:41.0 | 01:36.9 | 07:20.8 | 01:39.8 | 08:57.8 | 01:36.9 | 10:36.5 | 01:38.7 | 12:16.0 | 01:39.4 | 13:56.1 | 01:40.0 | 15:38.7 | 01:42.6 | 17:22.9 | 01:44.1 | 19:08.4 | 01:45.4 | 20:45.4 | 01:37.0 |
| 23 | 竹内 愛 | 5000m-1 | 20:47.3 | 24 | 36 | 00:47.5 | 00:47.5 | 02:27.8 | 01:40.2 | 04:06.8 | 01:38.9 | 05:44.9 | 01:38.1 | 07:25.1 | 01:40.1 | 09:06.8 | 01:41.7 | 10:47.6 | 01:40.7 | 12:28.7 | 01:41.0 | 14:08.6 | 01:39.8 | 15:50.7 | 01:42.1 | 17:33.2 | 01:42.4 | 19:15.8 | 01:42.6 | 20:47.3 | 01:31.4 |
| 28 | 細谷 みゆ | 5000m-1 | 20:55.2 | 25 | 36 | 00:47.0 | 00:47.0 | 02:27.3 | 01:40.3 | 04:07.3 | 01:39.9 | 05:45.8 | 01:38.4 | 07:26.5 | 01:40.7 | 09:08.0 | 01:41.5 | 10:48.7 | 01:40.6 | 12:29.9 | 01:41.1 | 14:10.5 | 01:40.6 | 15:53.1 | 01:42.5 | 17:35.3 | 01:42.2 | 19:18.3 | 01:42.9 | 20:55.2 | 01:36.9 |
| 27 | 石井 正樹 | 5000m-1 | 20:55.8 | 26 | 36 | 00:45.8 | 00:45.8 | 02:25.7 | 01:39.9 | 04:05.8 | 01:40.1 | 05:45.3 | 01:39.5 | 07:25.9 | 01:40.5 | 09:07.6 | 01:41.6 | 10:48.2 | 01:40.5 | 12:29.1 | 01:40.8 | 14:09.9 | 01:40.8 | 15:52.8 | 01:42.8 | 17:40.6 | 01:47.8 | 19:27.3 | 01:46.7 | 20:55.8 | 01:28.5 |
| 24 | 魚尾 英生 | 5000m-1 | 21:15.7 | 27 | 36 | 00:47.8 | 00:47.8 | 02:27.6 | 01:39.7 | 04:06.9 | 01:39.3 | 05:46.6 | 01:39.6 | 07:28.2 | 01:41.6 | 09:12.7 | 01:44.4 | 10:56.0 | 01:43.2 | 12:41.7 | 01:45.7 | 14:26.2 | 01:44.5 | 16:12.7 | 01:46.4 | 18:00.0 | 01:47.8 | 19:41.6 | 01:46.1 | 21:15.7 | 01:34.0 |
| 22 | 山崎 俊治 | 5000m-1 | 21:16.1 | 28 | 36 | 00:46.2 | 00:46.2 | 02:25.1 | 01:38.8 | 04:07.4 | 01:42.2 | 05:48.4 | 01:41.0 | 07:30.7 | 01:42.3 | 09:16.4 | 01:45.6 | 11:00.0 | 01:43.6 | 12:46.0 | 01:45.9 | 14:31.4 | 01:45.4 | 16:17.2 | 01:45.7 | 18:03.9 | 01:46.7 | 19:45.5 | 01:41.6 | 21:16.1 | 01:30.6 |
| 30 | 李 思園 | 5000m-1 | 21:49.1 | 29 | 36 | 00:47.9 | 00:47.9 | 02:31.1 | 01:43.2 | 04:17.5 | 01:46.3 | 06:02.5 | 01:44.9 | 07:48.1 | 01:45.6 | 09:34.8 | 01:46.7 | 11:18.6 | 01:43.7 | 13:04.5 | 01:45.8 | 14:51.0 | 01:46.4 | 16:38.2 | 01:47.2 | 18:23.9 | 01:45.7 | 20:09.2 | 01:45.2 | 21:49.1 | 01:39.8 |
| 34 | 土屋 奈緒 | 5000m-1 | 22:29.6 | 30 | 36 | 00:51.3 | 00:51.3 | 02:41.7 | 01:50.3 | 04:34.4 | 01:52.7 | 06:20.3 | 01:45.8 | 08:08.4 | 01:48.1 | 09:56.5 | 01:48.1 | 11:45.5 | 01:48.9 | 13:34.0 | 01:48.5 | 15:22.7 | 01:48.7 | 17:12.2 | 01:49.5</ | | | | | | |

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----|-----------------|---------|---------|-----|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| 21 | 本間 大王 | 5000m-2 | 18:39.3 | 16 | 41 | 00:44.9 | 00:44.9 | 02:16.5 | 01:31.6 | 03:44.5 | 01:27.9 | 05:13.2 | 01:28.7 | 06:42.7 | 01:29.4 | 08:14.2 | 01:31.5 | 09:45.3 | 01:31.0 | 11:15.0 | 01:29.7 | 12:45.8 | 01:30.7 | 14:16.9 | 01:31.1 | 15:47.4 | 01:30.5 | 17:18.3 | 01:30.8 | 18:39.3 | 01:20.9 |
| 36 | 塩見 昌人 | 5000m-2 | 18:39.7 | 17 | 41 | 00:45.2 | 00:45.2 | 02:18.2 | 01:32.9 | 03:45.9 | 01:27.7 | 05:14.1 | 01:28.1 | 06:43.5 | 01:29.4 | 08:15.3 | 01:31.8 | 09:46.3 | 01:30.9 | 11:15.4 | 01:29.1 | 12:46.4 | 01:30.9 | 14:17.5 | 01:31.1 | 15:48.0 | 01:30.4 | 17:18.9 | 01:30.8 | 18:39.7 | 01:20.8 |
| 7 | 中村 賢次 | 5000m-2 | 18:41.0 | 18 | 41 | 00:46.3 | 00:46.3 | 02:17.3 | 01:30.9 | 03:42.9 | 01:25.6 | 05:11.1 | 01:28.1 | 06:41.1 | 01:30.0 | 08:10.4 | 01:29.3 | 09:40.2 | 01:29.7 | 11:09.5 | 01:29.2 | 12:40.1 | 01:30.6 | 14:12.1 | 01:32.0 | 15:43.4 | 01:31.2 | 17:14.1 | 01:30.7 | 18:41.0 | 01:26.8 |
| 10 | 富田 道也 | 5000m-2 | 18:41.3 | 19 | 41 | 00:44.8 | 00:44.8 | 02:16.7 | 01:31.9 | 03:43.2 | 01:26.4 | 05:11.8 | 01:28.6 | 06:41.6 | 01:29.7 | 08:10.1 | 01:28.5 | 09:39.8 | 01:29.6 | 11:08.3 | 01:28.5 | 12:36.4 | 01:28.1 | 14:08.3 | 01:31.8 | 15:41.3 | 01:33.0 | 17:13.9 | 01:32.6 | 18:41.3 | 01:27.3 |
| 44 | 大塚 信司 | 5000m-2 | 18:42.0 | 20 | 41 | 00:46.5 | 00:46.5 | 02:20.2 | 01:33.6 | 03:50.0 | 01:29.8 | 05:18.8 | 01:28.7 | 06:48.3 | 01:29.5 | 08:18.2 | 01:29.8 | 09:47.6 | 01:29.4 | 11:17.2 | 01:29.5 | 12:46.8 | 01:29.5 | 14:18.2 | 01:31.4 | 15:48.8 | 01:30.5 | 17:19.7 | 01:30.9 | 18:42.0 | 01:22.3 |
| 1 | ABSOUS C5000m-2 | 18:42.6 | 21 | 41 | 00:46.7 | 00:46.7 | 02:19.2 | 01:32.5 | 03:46.6 | 01:27.4 | 05:14.5 | 01:27.8 | 06:43.9 | 01:29.4 | 08:15.7 | 01:31.8 | 09:46.8 | 01:31.0 | 11:16.1 | 01:29.3 | 12:46.8 | 01:30.7 | 14:18.0 | 01:31.1 | 15:48.5 | 01:30.5 | 17:18.4 | 01:30.9 | 18:42.6 | 01:24.1 | |
| 4 | 山崎 雄大 | 5000m-2 | 18:54.1 | 22 | 41 | 00:44.3 | 00:44.3 | 02:17.2 | 01:32.9 | 03:44.1 | 01:26.9 | 05:12.9 | 01:28.8 | 06:42.3 | 01:29.3 | 08:11.5 | 01:29.2 | 09:43.2 | 01:31.6 | 11:15.4 | 01:32.2 | 12:49.2 | 01:33.7 | 14:23.8 | 01:34.6 | 15:57.0 | 01:33.2 | 17:29.0 | 01:32.0 | 18:54.1 | 01:25.0 |
| 32 | 木村 光宏 | 5000m-2 | 18:55.8 | 23 | 41 | 00:48.6 | 00:48.6 | 02:20.5 | 01:31.9 | 03:51.2 | 01:30.7 | 05:22.1 | 01:30.8 | 06:55.5 | 01:33.4 | 08:28.8 | 01:33.3 | 10:00.8 | 01:31.9 | 11:33.0 | 01:32.2 | 13:01.8 | 01:28.7 | 14:31.4 | 01:29.6 | 16:00.3 | 01:28.9 | 17:30.3 | 01:29.9 | 18:55.8 | 01:25.5 |
| 33 | 西澤 大生 | 5000m-2 | 18:58.3 | 24 | 41 | 00:48.4 | 00:48.4 | 02:20.9 | 01:32.4 | 03:51.5 | 01:30.6 | 05:22.0 | 01:30.4 | 06:55.2 | 01:33.2 | 08:28.5 | 01:33.2 | 10:00.6 | 01:32.1 | 11:33.1 | 01:32.5 | 13:05.9 | 01:32.7 | 14:39.5 | 01:33.6 | 16:09.7 | 01:30.1 | 17:38.2 | 01:28.5 | 18:58.3 | 01:20.1 |
| 38 | 大槻 知史 | 5000m-2 | 19:02.6 | 25 | 41 | 00:47.3 | 00:47.3 | 02:20.3 | 01:33.0 | 03:52.2 | 01:31.9 | 05:22.9 | 01:30.7 | 06:56.2 | 01:33.2 | 08:28.9 | 01:32.7 | 10:01.1 | 01:32.1 | 11:33.6 | 01:32.4 | 13:06.1 | 01:32.5 | 14:39.9 | 01:33.7 | 16:11.3 | 01:31.3 | 17:42.5 | 01:31.2 | 19:02.6 | 01:20.0 |
| 22 | 鶴田 智久 | 5000m-2 | 19:05.9 | 26 | 41 | 00:45.4 | 00:45.4 | 02:19.4 | 01:34.0 | 03:51.8 | 01:32.3 | 05:22.5 | 01:30.7 | 06:56.5 | 01:33.9 | 08:30.1 | 01:33.6 | 10:00.9 | 01:30.8 | 11:33.2 | 01:32.3 | 13:05.9 | 01:32.7 | 14:39.4 | 01:33.4 | 16:10.3 | 01:30.9 | 17:41.9 | 01:31.6 | 19:05.9 | 01:23.9 |
| 25 | 雷樞 直樹 | 5000m-2 | 19:06.0 | 27 | 41 | 00:47.4 | 00:47.4 | 02:20.6 | 01:33.2 | 03:52.5 | 01:31.9 | 05:23.3 | 01:30.7 | 06:56.9 | 01:33.5 | 08:29.9 | 01:33.0 | 10:02.1 | 01:32.1 | 11:34.5 | 01:32.4 | 13:07.7 | 01:33.1 | 14:40.4 | 01:32.7 | 16:12.3 | 01:31.8 | 17:43.7 | 01:31.4 | 19:06.0 | 01:22.2 |
| 24 | 伊東 朋 | 5000m-2 | 19:08.0 | 28 | 41 | 00:49.0 | 00:49.0 | 02:21.8 | 01:32.8 | 03:53.2 | 01:31.3 | 05:24.0 | 01:30.8 | 06:57.0 | 01:33.0 | 08:29.2 | 01:32.1 | 10:01.6 | 01:32.4 | 11:34.2 | 01:32.6 | 13:06.9 | 01:32.6 | 14:40.3 | 01:33.4 | 16:12.0 | 01:31.6 | 17:43.3 | 01:31.3 | 19:08.0 | 01:24.7 |
| 20 | 高橋 順一 | 5000m-2 | 19:09.3 | 29 | 41 | 00:43.9 | 00:43.9 | 02:19.1 | 01:35.2 | 03:51.2 | 01:32.1 | 05:22.0 | 01:30.7 | 06:55.1 | 01:33.1 | 08:28.3 | 01:33.1 | 10:00.6 | 01:32.3 | 11:32.9 | 01:32.3 | 13:05.7 | 01:32.7 | 14:39.4 | 01:33.7 | 16:10.5 | 01:31.0 | 17:42.8 | 01:32.2 | 19:09.3 | 01:26.5 |
| 40 | 秋元 武宏 | 5000m-2 | 19:09.9 | 30 | 41 | 00:47.5 | 00:47.5 | 02:19.8 | 01:32.3 | 03:50.8 | 01:31.0 | 05:21.4 | 01:30.5 | 06:54.5 | 01:33.1 | 08:27.8 | 01:33.2 | 10:00.1 | 01:32.3 | 11:32.4 | 01:32.3 | 13:05.2 | 01:32.7 | 14:39.0 | 01:33.8 | 16:10.9 | 01:31.9 | 17:42.9 | 01:32.0 | 19:09.9 | 01:26.9 |
| 46 | 内藤 兵磨 | 5000m-2 | 19:10.3 | 31 | 41 | 00:45.9 | 00:45.9 | 02:19.7 | 01:33.7 | 03:51.6 | 01:31.9 | 05:22.2 | 01:30.6 | 06:55.4 | 01:33.2 | 08:28.4 | 01:32.9 | 10:00.7 | 01:32.3 | 11:33.2 | 01:32.4 | 13:06.1 | 01:32.8 | 14:39.6 | 01:33.5 | 16:11.6 | 01:31.9 | 17:42.8 | 01:31.2 | 19:10.3 | 01:27.5 |
| 45 | 川合 千春 | 5000m-2 | 19:11.8 | 32 | 41 | 00:48.2 | 00:48.2 | 02:21.1 | 01:32.9 | 03:52.9 | 01:31.7 | 05:23.6 | 01:30.7 | 06:57.2 | 01:33.5 | 08:30.5 | 01:33.3 | 10:02.3 | 01:31.8 | 11:34.6 | 01:32.2 | 13:07.8 | 01:33.1 | 14:40.1 | 01:32.3 | 16:11.8 | 01:31.6 | 17:43.3 | 01:31.4 | 19:11.8 | 01:28.5 |
| 28 | 田口 明 | 5000m-2 | 19:24.5 | 33 | 41 | 00:47.4 | 00:47.4 | 02:20.1 | 01:32.7 | 03:51.7 | 01:31.5 | 05:22.5 | 01:30.8 | 06:55.8 | 01:33.2 | 08:29.1 | 01:33.3 | 10:01.4 | 01:32.2 | 11:33.6 | 01:32.2 | 13:08.0 | 01:34.4 | 14:44.4 | 01:36.3 | 16:23.3 | 01:38.9 | 17:57.3 | 01:33.9 | 19:24.5 | 01:27.2 |
| 43 | 榎本 久子 | 5000m-2 | 19:25.5 | 34 | 41 | 00:47.9 | 00:47.9 | 02:20.7 | 01:32.8 | 03:51.6 | 01:30.9 | 05:22.3 | 01:30.6 | 06:55.6 | 01:33.2 | 08:28.8 | 01:33.2 | 10:01.2 | 01:32.4 | 11:33.9 | 01:32.7 | 13:06.3 | 01:32.3 | 14:39.8 | 01:33.4 | 16:10.3 | 01:31.8 | 17:49.6 | 01:31.6 | 19:25.5 | 01:35.8 |
| 39 | 岸田 吉史 | 5000m-2 | 19:30.0 | 35 | 41 | 00:47.7 | 00:47.7 | 02:20.9 | 01:33.2 | 03:52.4 | 01:31.5 | 05:23.6 | 01:31.1 | 06:56.1 | 01:32.4 | 08:29.4 | 01:33.3 | 10:01.8 | 01:32.4 | 11:34.0 | 01:32.1 | 13:07.3 | 01:33.3 | 14:42.4 | 01:35.0 | 16:20.7 | 01:38.3 | 17:58.3 | 01:37.5 | 19:30.0 | 01:31.7 |
| 27 | 土屋 鞠太郎 | 5000m-2 | 19:37.7 | 36 | 41 | 00:44.7 | 00:44.7 | 02:17.5 | 01:32.7 | 03:45.2 | 01:27.7 | 05:13.3 | 01:28.1 | 06:43.0 | 01:29.7 | 08:14.5 | 01:31.4 | 09:45.5 | 01:31.0 | 11:15.6 | 01:30.1 | 12:53.3 | 01:37.6 | 14:35.4 | 01:42.1 | 16:15.6 | 01:40.2 | 17:58.1 | 01:42.5 | 19:37.7 | 01:39.6 |
| 37 | 石井 明夫 | 5000m-2 | 20:05.0 | 37 | 41 | 00:48.8 | 00:48.8 | 02:22.1 | 01:33.2 | 03:53.5 | 01:31.4 | 05:24.7 | 01:31.1 | 06:58.1 | 01:33.4 | 08:33.3 | 01:35.1 | 10:10.5 | 01:37.1 | 11:48.8 | 01:38.3 | 13:29.0 | 01:40.1 | 15:09.9 | 01:40.9 | 16:52.1 | 01:42.1 | 18:34.6 | 01:42.4 | 20:05.0 | 01:30.4 |
| 18 | 平石 英大 | 5000m-2 | 20:35.4 | 38 | 41 | 00:44.3 | 00:44.3 | 02:16.2 | 01:31.8 | 03:46.4 | 01:30.2 | 05:21.1 | 01:34.6 | 06:56.1 | 01:35.0 | 08:32.9 | 01:36.8 | 10:14.8 | 01:41.9 | 11:58.6 | 01:43.7 | 13:42.7 | 01:44.0 | 15:27.4 | 01:44.7 | 17:13.4 | 01:45.9 | 18:56.9 | 01:43.4 | 20:35.4 | 01:38.5 |
| 31 | 松崎 清吾 | 5000m-2 | - | DNF | 41 | 00:47.1 | 00:47.1 | 02:18.6 | 01:31.5 | 03:47.1 | 01:28.4 | 05:17.2 | 01:30.1 | 06:49.3 | 01:32.1 | 08:26.2 | 01:36.8 | 10:13.8 | 01:47.5 | | | | | | | | | | | | |
| 42 | 梶田 進一 | 5000m-2 | - | DNF | 41 | 00:44.2 | 00:44.2 | 02:16.0 | 01:31.8 | 03:41.7 | 01:25.6 | 05:10.1 | 01:28.3 | 06:40.1 | 01:30.0 | 08:08.8 | 01:28.6 | 09:38.3 | 01:29.5 | 11:06.0 | 01:27.7 | 12:37.9 | 01:31.8 | 14:13.8 | 01:35.8 | | | | | | |
| 41 | 渡辺 カズ | 5000m-2 | - | DNF | 41 | 00:48.1 | 00:48.1 | 02:21.5 | 01:33.3 | 03:52.9 | 01:31.4 | 05:23.0 | 01:30.1 | 23:55.2 | 18:32.1 | | | | | | | | | | | | | | | | |
| 41 | 平野 慶介 | 5000m-3 | 16:41.4 | 1 | 36 | 00:40.3 | 00:40.3 | 02:02.9 | 01:22.6 | 03:24.2 | 01:21.2 | 04:45.9 | 01:21.7 | 06:07.2 | 01:21.3 | 07:28.0 | 01:20.8 | 08:51.2 | 01:23.1 | 10:13.2 | 01:21.9 | 11:34.1 | 01:20.9 | 12:59.7 | 01:25.6 | 14:24.6 | 01:24.8 | 15:43.0 | 01:18.4 | 16:41.4 | 00:58.3 |
| 42 | 小堀 光 | 5000m-3 | 16:41.6 | 2 | 36 | 00:39.7 | 00:39.7 | 02:01.6 | 01:21.8 | 03:23.1 | 01:21.4 | 04:44.3 | 01:21.7 | 06:06.0 | 01:21.1 | 07:27.3 | 01:21.3 | 08:49.6 | 01:22.3 | 10:11.1 | 01:21.4 | 11:31.8 | 01:20.7 | 12:52.7 | 01:20.8 | 14:12.8 | 01:20.1 | 15:30.3 | 01:17.4 | 16:41.6 | 01:11.2 |
| 11 | 秋山 裕哉 | 5000m-3 | 16:48.0 | 3 | 36 | 00:40.2 | 00:40.2 | 02:02.0 | 01:21.8 | 03:23.6 | 01:21.5 | 04:45.3 | 01:21.6 | 06:06.5 | 01:21.2 | 07:27.5 | 01:21.0 | 08:49.8 | 01:22.3 | 10:11.0 | 01:21.1 | 11:31.8 | 01:20.7 | 12:52.8 | 01:21.0 | 14:13.4 | 01:20.5 | 15:33.1 | 01:19.7 | 16:48.0 | 01:14.8 |
| 1 | 波多野 陽介 | 5000m-3 | 16:49.1 | 4 | 36 | 00:39.5 | 00:39.5 | 02:01.4 | 01:21.9 | 03:22.9 | 01:21.5 | 04:44.7 | 01:21.7 | 06:05.7 | 01:20.9 | 07:27.1 | 01:21.3 | 08:49.4 | 01:22.2 | 10:10.9 | 01:21.5 | 11:31.6 | 01:20.7 | 12:52.5 | 01:20.8 | 14:13.5 | 01:21.0 | 15:33.4 | 01:19.8 | 16:49.1 | 01:15.7 |
| 15 | 傍島 稔也 | 5000m-3 | 16:49.5 | 5 | 36 | 00:40.2 | 00:40.2 | 02:02.4 | 01:22.1 | 03:23.7 | 01:21.3 | 04:45.4 | 01:21.6 | 06:06.6 | 01:21.2 | 07:27.7 | 01:21.0 | 08:50.6 | 01:22.8 | 10:11.4 | 01:20.8 | 11:32.2 | 01:20.7 | 12:53.3 | 01:21.0 | 14:14.0 | 01:20.6 | 15:34.1 | 01:20.0 | 16:49.5 | 01:15.4 |
| 23 | 増子 亘輝 | 5000m-3 | 16:59.3 | 6 | 36 | 00:41.0 | 00:41.0 | 02:03.9 | 01:22.9 | 03:26.0 | 01:22.0 | 04:48.7 | 01:22.7 | 06:12.0 | 01:23.3 | 07:35.0 | 01:23.0 | 08:57.3 | 01:22.2 | 10:19.3 | 01:21.9 | 11:42.3 | 01:22.9 | 13:06.0 | 01:23.7 | 14:28.1 | 01:22.1 | 15:49.0 | 01:20.8 | 16:59.3 | 01:10.3 |
| 4 | 斉藤 斉 | 5000m-3 | 16:59.7 | 7 | 36 | 00:41.3 | 00:41.3 | 02:02.6 | 01:21.3 | 03:24.7 | 01:22.0 | 04:46.4 | 01:21.6 | 06:07.5 | 01:21.1 | 07:28.7 | 01:21.2 | 08:51.7 | 01:22.9 | 10:13.5 | 01:21.8 | 11:35.5 | 01:21.9 | 12:56.2 | 01:20.7 | 14:18.2 | 01:22.0 | 15:40.6 | 01:22.3 | 16:59.7 | 01:19.1 |
| 24 | 三原 祐大 | 5000m-3 | 17:04.3 | 8 | 36 | 00:44.0 | 00:44.0 | 02:06.0 | 01:21.9 | 03:30.4 | 01:24.4 | 04:55.8 | 01:25.3 | 06:21.7 | 01:25.8 | 07:46.2 | 01:24.5 | 09:11.2 | 01:25.0 | 10:36.4 | 01:25.1 | 12:01.5 | 01:25.1 | 13:25.5 | 01:24.0 | 14:47.9 | 01:22.3 | 16:02.6 | 01:14.7 | 17:04.3 | 01:01.6 |
| 2 | 黒 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----|--------|---------|---------|-----|----|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|--|
| 38 | 名知 哲也 | 5000m-3 | 17:46.3 | 26 | 36 | 00:43.2 | 00:43.2 | 02:07.4 | 01:24.2 | 03:32.5 | 01:25.1 | 04:58.3 | 01:25.7 | 06:25.0 | 01:26.7 | 07:51.7 | 01:26.7 | 09:17.5 | 01:25.8 | 10:43.1 | 01:25.5 | 12:10.0 | 01:26.9 | 13:36.2 | 01:26.1 | 15:01.3 | 01:25.1 | 16:24.8 | 01:23.5 | 17:46.3 | 01:21.4 | |
| 35 | 葛西 悦星 | 5000m-3 | 17:46.5 | 28 | 36 | 00:42.2 | 00:42.2 | 02:05.0 | 01:22.7 | 03:27.0 | 01:22.0 | 04:49.5 | 01:22.5 | 06:13.0 | 01:23.4 | 07:39.0 | 01:26.0 | 09:06.7 | 01:27.7 | 10:34.8 | 01:28.0 | 12:01.9 | 01:27.1 | 13:32.6 | 01:30.7 | 14:59.6 | 01:26.9 | 16:25.1 | 01:25.4 | 17:46.5 | 01:21.4 | |
| 26 | 菊池 雄太 | 5000m-3 | 17:47.8 | 29 | 36 | 00:43.5 | 00:43.5 | 02:06.0 | 01:22.4 | 03:30.9 | 01:24.9 | 04:56.2 | 01:25.3 | 06:22.1 | 01:25.8 | 07:46.7 | 01:24.5 | 09:12.0 | 01:25.3 | 10:37.1 | 01:25.0 | 12:03.4 | 01:26.2 | 13:31.5 | 01:28.1 | 14:59.5 | 01:28.0 | 16:26.2 | 01:26.7 | 17:47.8 | 01:21.5 | |
| 31 | 川西 宏幸 | 5000m-3 | 17:49.7 | 30 | 36 | 00:43.2 | 00:43.2 | 02:06.9 | 01:23.7 | 03:32.1 | 01:25.1 | 04:57.3 | 01:25.2 | 06:24.1 | 01:26.7 | 07:50.7 | 01:26.6 | 09:16.5 | 01:25.7 | 10:42.1 | 01:25.6 | 12:09.0 | 01:26.8 | 13:35.1 | 01:26.0 | 15:00.0 | 01:24.8 | 16:25.4 | 01:25.3 | 17:49.7 | 01:24.3 | |
| 30 | 小高 潤 | 5000m-3 | 17:51.7 | 31 | 36 | 00:44.5 | 00:44.5 | 02:07.8 | 01:23.3 | 03:33.1 | 01:25.3 | 04:58.7 | 01:25.5 | 06:25.2 | 01:26.5 | 07:51.9 | 01:26.7 | 09:17.7 | 01:25.7 | 10:43.3 | 01:25.5 | 12:10.2 | 01:26.9 | 13:36.4 | 01:26.2 | 15:01.9 | 01:25.4 | 16:27.4 | 01:25.5 | 17:51.7 | 01:24.2 | |
| 18 | 清水 大地 | 5000m-3 | 17:56.6 | 32 | 36 | 00:43.7 | 00:43.7 | 02:07.5 | 01:23.8 | 03:32.6 | 01:25.0 | 04:57.8 | 01:25.2 | 06:24.7 | 01:26.8 | 07:51.4 | 01:26.6 | 09:18.2 | 01:25.8 | 10:42.7 | 01:25.4 | 12:09.7 | 01:27.0 | 13:35.9 | 01:26.1 | 15:02.3 | 01:26.3 | 16:33.2 | 01:30.9 | 17:56.6 | 01:23.3 | |
| 20 | 山崎 吾吾 | 5000m-3 | 19:17.1 | 33 | 36 | 00:45.0 | 00:45.0 | 02:09.8 | 01:24.7 | 03:38.5 | 01:28.7 | 05:08.7 | 01:30.2 | 06:38.2 | 01:29.4 | 08:08.4 | 01:30.1 | 09:42.4 | 01:34.0 | 11:17.9 | 01:35.4 | 12:54.1 | 01:36.2 | 14:32.4 | 01:38.2 | 16:05.6 | 01:33.2 | 17:42.1 | 01:36.5 | 19:17.1 | 01:34.9 | |
| 21 | 清水 一希 | 5000m-3 | - | DNF | 36 | 00:43.1 | 00:43.1 | 02:06.9 | 01:23.7 | 03:31.4 | 01:24.5 | 04:56.9 | 01:25.4 | 06:23.6 | 01:26.7 | 07:50.3 | 01:26.6 | 09:16.2 | 01:25.8 | 10:41.7 | 01:25.5 | 15:28.0 | 04:46.3 | | | | | | | | | |
| 39 | 武田 亮平 | 5000m-3 | - | DNF | 36 | 00:42.1 | 00:42.1 | 02:06.3 | 01:24.1 | 03:31.5 | 01:25.2 | 04:58.6 | 01:27.0 | 06:26.0 | 01:27.4 | 07:56.0 | 01:29.9 | 09:31.0 | 01:34.9 | 11:04.1 | 01:33.0 | | | | | | | | | | | |
| 36 | 上村 英生 | 5000m-3 | - | DNF | 36 | 00:42.7 | 00:42.7 | 02:06.6 | 01:23.8 | 03:31.9 | 01:25.2 | 04:57.2 | 01:25.3 | 06:23.9 | 01:26.7 | 07:50.6 | 01:26.6 | 09:16.4 | 01:25.8 | 10:42.0 | 01:25.5 | | | | | | | | | | | |
| 23 | 佐藤 怜 | 5000m-4 | 16:01.2 | 1 | 38 | 00:39.1 | 00:39.1 | 01:58.8 | 01:19.7 | 03:16.7 | 01:17.9 | 04:35.7 | 01:18.9 | 05:54.1 | 01:18.4 | 07:15.4 | 01:21.3 | 08:32.5 | 01:17.1 | 09:51.1 | 01:18.6 | 11:08.6 | 01:17.4 | 12:23.9 | 01:15.3 | 13:38.2 | 01:14.3 | 14:51.9 | 01:13.6 | 16:01.2 | 01:09.3 | |
| 44 | 井上 裕介 | 5000m-4 | 16:13.6 | 2 | 38 | 00:38.9 | 00:38.9 | 01:59.0 | 01:20.1 | 03:18.2 | 01:19.2 | 04:37.7 | 01:19.4 | 05:55.6 | 01:17.9 | 07:16.7 | 01:21.1 | 08:34.1 | 01:17.4 | 09:52.4 | 01:18.3 | 11:11.2 | 01:18.7 | 12:29.9 | 01:18.7 | 13:47.8 | 01:17.9 | 15:06.5 | 01:18.6 | 16:13.6 | 01:07.1 | |
| 14 | 阿部 靖 | 5000m-4 | 16:16.1 | 3 | 38 | 00:39.1 | 00:39.1 | 01:58.9 | 01:19.8 | 03:18.1 | 01:19.1 | 04:36.7 | 01:18.6 | 05:55.5 | 01:18.7 | 07:16.8 | 01:21.3 | 08:34.2 | 01:17.3 | 09:52.5 | 01:18.2 | 11:12.5 | 01:20.0 | 12:31.7 | 01:19.1 | 13:52.3 | 01:20.6 | 15:09.6 | 01:17.2 | 16:16.1 | 01:06.4 | |
| 1 | 水落 徳哲 | 5000m-4 | 16:18.4 | 4 | 38 | 00:38.3 | 00:38.3 | 01:57.5 | 01:19.2 | 03:16.3 | 01:18.8 | 04:35.4 | 01:19.1 | 05:53.9 | 01:18.5 | 07:15.5 | 01:21.5 | 08:32.7 | 01:17.2 | 09:51.8 | 01:19.0 | 11:10.0 | 01:18.2 | 12:29.3 | 01:19.2 | 13:47.9 | 01:18.6 | 15:05.9 | 01:18.0 | 16:18.4 | 01:12.4 | |
| 25 | 山崎 純二 | 5000m-4 | 16:19.0 | 5 | 38 | 00:38.6 | 00:38.6 | 01:57.6 | 01:19.0 | 03:16.6 | 01:18.9 | 04:35.6 | 01:19.0 | 05:54.2 | 01:18.6 | 07:15.9 | 01:21.7 | 08:33.3 | 01:17.4 | 09:51.9 | 01:18.5 | 11:11.8 | 01:19.9 | 12:30.9 | 01:19.1 | 13:49.2 | 01:18.2 | 15:06.2 | 01:17.0 | 16:19.0 | 01:12.8 | |
| 8 | 遠藤 庄吾 | 5000m-4 | 16:23.4 | 6 | 38 | 00:39.9 | 00:39.9 | 01:59.5 | 01:19.5 | 03:18.7 | 01:19.2 | 04:38.4 | 01:19.7 | 05:56.8 | 01:18.3 | 07:16.7 | 01:19.9 | 08:35.7 | 01:18.9 | 09:53.9 | 01:18.1 | 11:12.3 | 01:18.4 | 12:32.0 | 01:19.6 | 13:51.8 | 01:19.8 | 15:09.6 | 01:17.7 | 16:23.4 | 01:13.8 | |
| 9 | 三村 亮仁 | 5000m-4 | 16:24.9 | 7 | 38 | 00:38.0 | 00:38.0 | 01:57.4 | 01:19.3 | 03:16.3 | 01:18.9 | 04:34.9 | 01:18.6 | 05:53.7 | 01:18.7 | 07:15.3 | 01:21.6 | 08:32.6 | 01:17.3 | 09:51.7 | 01:19.0 | 11:12.1 | 01:20.4 | 12:31.2 | 01:19.1 | 13:51.5 | 01:20.2 | 15:10.2 | 01:18.6 | 16:24.9 | 01:14.7 | |
| 16 | 杉野 雅哉 | 5000m-4 | 16:25.4 | 8 | 38 | 00:38.1 | 00:38.1 | 01:57.0 | 01:18.9 | 03:16.0 | 01:18.9 | 04:34.9 | 01:18.8 | 05:53.6 | 01:18.7 | 07:15.0 | 01:21.3 | 08:32.3 | 01:17.3 | 09:51.5 | 01:19.1 | 11:11.8 | 01:20.2 | 12:31.0 | 01:19.2 | 13:51.9 | 01:20.8 | 15:11.6 | 01:19.7 | 16:25.4 | 01:13.8 | |
| 12 | 安田 佑佑 | 5000m-4 | 16:26.4 | 9 | 38 | 00:38.5 | 00:38.5 | 01:58.3 | 01:19.7 | 03:17.2 | 01:18.8 | 04:36.2 | 01:19.0 | 05:54.4 | 01:18.2 | 07:15.9 | 01:21.4 | 08:33.3 | 01:17.3 | 09:51.6 | 01:18.3 | 11:11.8 | 01:20.1 | 12:31.0 | 01:19.2 | 13:50.1 | 01:19.1 | 15:09.2 | 01:19.0 | 16:26.4 | 01:17.1 | |
| 7 | 前原 雅樹 | 5000m-4 | 16:27.8 | 10 | 38 | 00:38.9 | 00:38.9 | 01:58.7 | 01:19.8 | 03:16.9 | 01:18.1 | 04:35.4 | 01:18.5 | 05:53.9 | 01:18.4 | 07:15.1 | 01:21.1 | 08:32.4 | 01:17.2 | 09:51.5 | 01:19.1 | 11:10.2 | 01:18.6 | 12:29.5 | 01:19.3 | 13:50.4 | 01:20.9 | 15:10.4 | 01:20.0 | 16:27.8 | 01:17.4 | |
| 21 | 座間 保成 | 5000m-4 | 16:31.7 | 11 | 38 | 00:39.6 | 00:39.6 | 02:00.7 | 01:21.0 | 03:20.7 | 01:19.9 | 04:41.3 | 01:20.6 | 06:02.8 | 01:21.4 | 07:22.9 | 01:20.1 | 08:43.0 | 01:20.0 | 10:02.6 | 01:19.5 | 11:23.4 | 01:20.8 | 12:45.1 | 01:21.6 | 14:04.4 | 01:19.2 | 15:21.6 | 01:17.2 | 16:31.7 | 01:10.0 | |
| 43 | 信原 邦啓 | 5000m-4 | 16:32.6 | 12 | 38 | 00:37.7 | 00:37.7 | 01:58.2 | 01:20.4 | 03:18.3 | 01:20.1 | 04:37.4 | 01:19.1 | 05:56.4 | 01:19.0 | 07:17.4 | 01:21.0 | 08:36.5 | 01:19.1 | 09:55.5 | 01:18.9 | 11:15.7 | 01:20.2 | 12:36.4 | 01:20.6 | 13:56.9 | 01:20.5 | 15:17.1 | 01:20.2 | 16:32.6 | 01:15.5 | |
| 27 | 郡司 真彦 | 5000m-4 | 16:34.0 | 13 | 38 | 00:39.6 | 00:39.6 | 01:59.5 | 01:19.9 | 03:18.9 | 01:19.3 | 04:38.4 | 01:19.4 | 05:56.1 | 01:17.7 | 07:17.6 | 01:21.4 | 08:36.7 | 01:19.1 | 09:56.0 | 01:19.2 | 11:15.5 | 01:19.5 | 12:36.6 | 01:21.1 | 13:56.0 | 01:19.4 | 15:16.1 | 01:20.0 | 16:34.0 | 01:17.9 | |
| 29 | 羽岡 哲郎 | 5000m-4 | 16:35.5 | 14 | 38 | 00:39.3 | 00:39.3 | 01:59.5 | 01:20.2 | 03:18.6 | 01:19.1 | 04:38.1 | 01:19.5 | 05:56.9 | 01:18.8 | 07:17.6 | 01:20.7 | 08:37.0 | 01:19.4 | 09:56.3 | 01:19.2 | 11:16.3 | 01:19.9 | 12:37.1 | 01:20.7 | 13:57.7 | 01:20.6 | 15:17.8 | 01:20.0 | 16:35.5 | 01:17.7 | |
| 22 | 川口 翔平 | 5000m-4 | 16:35.7 | 15 | 38 | 00:39.4 | 00:39.4 | 02:00.1 | 01:20.6 | 03:19.9 | 01:19.8 | 04:40.8 | 01:20.8 | 06:02.1 | 01:21.2 | 07:22.4 | 01:20.3 | 08:42.3 | 01:19.9 | 10:02.2 | 01:19.8 | 11:23.2 | 01:21.0 | 12:44.8 | 01:21.6 | 14:03.7 | 01:18.8 | 15:22.9 | 01:19.2 | 16:35.7 | 01:12.8 | |
| 13 | 大久保 貴士 | 5000m-4 | 16:39.7 | 16 | 38 | 00:38.5 | 00:38.5 | 01:58.2 | 01:19.7 | 03:17.5 | 01:19.2 | 04:36.3 | 01:18.8 | 05:55.0 | 01:18.6 | 07:16.0 | 01:21.0 | 08:34.0 | 01:17.9 | 09:53.5 | 01:19.4 | 11:13.1 | 01:19.6 | 12:34.7 | 01:21.5 | 13:57.5 | 01:22.7 | 15:20.2 | 01:22.7 | 16:39.7 | 01:19.5 | |
| 5 | 松田 拓朗 | 5000m-4 | 16:41.7 | 17 | 38 | 00:39.3 | 00:39.3 | 02:00.6 | 01:21.2 | 03:19.6 | 01:19.0 | 04:39.2 | 01:19.5 | 05:58.8 | 01:19.6 | 07:19.8 | 01:21.0 | 08:41.0 | 01:21.1 | 10:02.0 | 01:21.0 | 11:23.1 | 01:21.1 | 12:46.4 | 01:23.2 | 14:09.4 | 01:22.9 | 15:30.8 | 01:21.4 | 16:41.7 | 01:10.8 | |
| 41 | 影山 彰 | 5000m-4 | 16:42.5 | 18 | 38 | 00:40.7 | 00:40.7 | 02:03.1 | 01:22.3 | 03:23.9 | 01:20.8 | 04:44.6 | 01:20.6 | 06:06.8 | 01:22.2 | 07:28.2 | 01:21.4 | 08:50.5 | 01:22.3 | 10:11.1 | 01:20.5 | 11:31.7 | 01:20.6 | 12:53.4 | 01:21.6 | 14:13.9 | 01:20.5 | 15:32.7 | 01:18.7 | 16:42.5 | 01:09.7 | |
| 26 | 長谷川 翔 | 5000m-4 | 16:42.8 | 19 | 38 | 00:40.1 | 00:40.1 | 02:01.6 | 01:21.4 | 03:20.8 | 01:19.2 | 04:41.0 | 01:20.1 | 06:02.3 | 01:21.3 | 07:22.5 | 01:20.1 | 08:42.5 | 01:20.0 | 10:02.2 | 01:19.7 | 11:23.0 | 01:20.8 | 12:44.6 | 01:21.5 | 14:04.5 | 01:19.8 | 15:25.8 | 01:21.3 | 16:42.8 | 01:17.0 | |
| 18 | 亀井 康弘 | 5000m-4 | 16:43.5 | 20 | 38 | 00:41.0 | 00:41.0 | 02:02.2 | 01:21.2 | 03:21.8 | 01:19.5 | 04:41.8 | 01:20.0 | 06:03.3 | 01:21.5 | 07:23.4 | 01:20.0 | 08:43.4 | 01:20.0 | 10:03.3 | 01:19.8 | 11:23.5 | 01:20.1 | 12:45.3 | 01:21.8 | 14:04.7 | 01:19.4 | 15:24.5 | 01:19.7 | 16:43.5 | 01:19.0 | |
| 19 | 平井 慎吾 | 5000m-4 | 16:43.5 | 20 | 38 | 00:38.5 | 00:38.5 | 01:58.4 | 01:19.8 | 03:17.3 | 01:18.9 | 04:36.5 | 01:19.2 | 05:54.8 | 01:18.2 | 07:16.4 | 01:21.6 | 08:34.2 | 01:17.7 | 09:53.0 | 01:18.7 | 11:13.5 | 01:20.4 | 12:35.3 | 01:21.7 | 13:58.2 | 01:22.9 | 15:22.2 | 01:23.9 | 16:43.5 | 01:21.3 | |
| 11 | 櫻田 将 | 5000m-4 | 16:44.0 | 22 | 38 | 00:39.4 | 00:39.4 | 02:00.3 | 01:20.8 | 03:20.1 | 01:19.8 | 04:39.5 | 01:19.3 | 05:58.3 | 01:18.8 | 07:17.8 | 01:19.4 | 08:37.4 | 01:19.5 | 09:57.2 | 01:19.7 | 11:17.6 | 01:20.4 | 12:39.0 | 01:21.4 | 14:01.9 | 01:22.8 | 15:25.3 | 01:23.3 | 16:44.0 | 01:18.6 | |
| 30 | 片山 真人 | 5000m-4 | 16:45.0 | 23 | 38 | 00:39.2 | 00:39.2 | 02:00.3 | 01:21.0 | 03:20.1 | 01:19.7 | 04:41.0 | 01:20.9 | 06:02.5 | 01:21.5 | 07:22.4 | 01:19.9 | 08:42.9 | 01:20.4 | 10:03.1 | 01:20.2 | 11:24.4 | 01:21.2 | 12:47.0 | 01:22.6 | 14:09.1 | 01:22.1 | 15:31.4 | 01:22.2 | 16:45.0 | 01:13.6 | |
| 42 | 千葉 浩介 | 5000m-4 | 16:45.3 | 24 | 38 | 00:40.4 | 00:40.4 | 02:01.7 | 01:21.2 | 03:23.0 | 01:21.3 | 04:43.0 | 01:20.0 | 06:05.5 | 01:22.4 | 07:26.5 | 01:21.0 | 08:48.7 | 01:22.2 | 10:09.6 | 01:20.8 | 11:31.4 | 01:21.7 | 12:53.4 | 01:22.0 | 14:14.1 | 01:20.6 | 15:33.0 | | | | |

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----|---------|---------|---------|----|----|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| 3 | 石井 琉聖 | 5000m-5 | 14:56.7 | 5 | 38 | 00:35.2 | 00:35.2 | 01:45.6 | 01:10.3 | 02:57.7 | 01:12.1 | 04:09.6 | 01:11.9 | 05:21.1 | 01:11.4 | 06:32.4 | 01:11.3 | 07:44.5 | 01:12.0 | 08:56.3 | 01:11.8 | 10:08.1 | 01:11.7 | 11:20.2 | 01:12.1 | 12:33.7 | 01:13.5 | 13:47.3 | 01:13.5 | 14:56.7 | 01:09.3 |
| 41 | 亀田 稔 | 5000m-5 | 15:07.8 | 6 | 38 | 00:35.3 | 00:35.3 | 01:45.7 | 01:10.3 | 02:57.2 | 01:11.4 | 04:09.0 | 01:11.8 | 05:20.6 | 01:11.6 | 06:32.1 | 01:11.5 | 07:44.0 | 01:11.8 | 08:56.1 | 01:12.0 | 10:07.6 | 01:11.5 | 11:23.9 | 01:16.2 | 12:40.4 | 01:16.5 | 13:57.5 | 01:17.0 | 15:07.8 | 01:10.3 |
| 8 | 田代 照 | 5000m-5 | 15:12.6 | 7 | 38 | 00:34.9 | 00:34.9 | 01:45.5 | 01:10.5 | 02:57.7 | 01:12.2 | 04:09.4 | 01:11.7 | 05:21.5 | 01:12.0 | 06:34.5 | 01:13.0 | 07:50.8 | 01:16.3 | 09:05.4 | 01:14.5 | 10:19.1 | 01:13.6 | 11:34.5 | 01:15.4 | 12:51.4 | 01:16.9 | 14:04.9 | 01:13.4 | 15:12.6 | 01:07.7 |
| 5 | 菊地 悠人 | 5000m-5 | 15:15.4 | 8 | 38 | 00:36.2 | 00:36.2 | 01:48.3 | 01:12.0 | 03:02.6 | 01:14.3 | 04:16.9 | 01:14.2 | 05:30.3 | 01:13.4 | 06:44.4 | 01:14.1 | 07:58.7 | 01:14.2 | 09:12.9 | 01:14.1 | 10:28.9 | 01:16.0 | 11:42.1 | 01:13.1 | 12:54.1 | 01:11.9 | 14:06.3 | 01:12.2 | 15:15.4 | 01:09.1 |
| 47 | 内山 雄貴 | 5000m-5 | 15:15.9 | 9 | 38 | 00:36.7 | 00:36.7 | 01:49.1 | 01:12.3 | 03:03.2 | 01:14.0 | 04:17.7 | 01:14.5 | 05:31.3 | 01:13.6 | 06:44.9 | 01:13.5 | 07:59.0 | 01:14.0 | 09:12.9 | 01:13.9 | 10:28.7 | 01:15.8 | 11:42.4 | 01:13.6 | 12:54.3 | 01:11.9 | 14:06.5 | 01:12.1 | 15:15.9 | 01:09.4 |
| 9 | 中山 峻弥 | 5000m-5 | 15:17.0 | 10 | 38 | 00:38.3 | 00:38.3 | 01:49.9 | 01:11.5 | 03:02.6 | 01:12.7 | 04:17.2 | 01:14.5 | 05:30.8 | 01:13.6 | 06:44.3 | 01:13.5 | 07:58.4 | 01:14.0 | 09:12.5 | 01:14.1 | 10:28.6 | 01:16.0 | 11:42.8 | 01:14.2 | 12:56.7 | 01:13.8 | 14:09.0 | 01:12.3 | 15:17.0 | 01:07.9 |
| 7 | 生井 将人 | 5000m-5 | 15:17.4 | 11 | 38 | 00:35.8 | 00:35.8 | 01:46.9 | 01:11.0 | 02:58.8 | 01:11.8 | 04:10.7 | 01:11.9 | 05:21.8 | 01:11.0 | 06:33.8 | 01:11.9 | 07:47.5 | 01:13.7 | 09:02.1 | 01:14.5 | 10:18.9 | 01:16.8 | 11:35.5 | 01:16.6 | 12:52.2 | 01:16.7 | 14:07.6 | 01:15.3 | 15:17.4 | 01:09.8 |
| 10 | 池田 力 | 5000m-5 | 15:25.3 | 12 | 38 | 00:35.6 | 00:35.6 | 01:48.3 | 01:12.7 | 03:02.4 | 01:14.1 | 04:17.0 | 01:14.5 | 05:30.2 | 01:13.2 | 06:44.4 | 01:14.2 | 07:58.5 | 01:14.1 | 09:12.9 | 01:14.3 | 10:28.7 | 01:15.8 | 11:44.0 | 01:15.3 | 12:58.5 | 01:14.4 | 14:13.2 | 01:14.7 | 15:25.3 | 01:12.0 |
| 18 | 山田 瑞穂 | 5000m-5 | 15:29.6 | 13 | 38 | 00:37.0 | 00:37.0 | 01:49.8 | 01:12.8 | 03:03.6 | 01:13.7 | 04:18.1 | 01:14.5 | 05:31.6 | 01:13.4 | 06:45.6 | 01:14.0 | 08:00.5 | 01:14.8 | 09:14.6 | 01:14.1 | 10:29.4 | 01:14.8 | 11:44.5 | 01:15.0 | 12:58.8 | 01:14.3 | 14:14.7 | 01:15.9 | 15:29.6 | 01:14.8 |
| 29 | 安田 佑佑 | 5000m-5 | 15:32.7 | 14 | 38 | 00:36.0 | 00:36.0 | 01:48.6 | 01:12.6 | 03:02.8 | 01:14.1 | 04:17.4 | 01:14.5 | 05:30.9 | 01:13.5 | 06:45.0 | 01:14.0 | 07:59.4 | 01:14.4 | 09:14.7 | 01:15.3 | 10:30.3 | 01:15.6 | 11:47.4 | 01:17.0 | 13:05.5 | 01:18.1 | 14:22.7 | 01:17.2 | 15:32.7 | 01:09.9 |
| 16 | 小樽山 江才 | 5000m-5 | 15:36.0 | 15 | 38 | 00:37.7 | 00:37.7 | 01:50.7 | 01:12.9 | 03:05.9 | 01:15.2 | 04:23.2 | 01:17.2 | 05:39.3 | 01:16.0 | 06:56.0 | 01:16.7 | 08:10.9 | 01:14.9 | 09:26.9 | 01:15.9 | 10:43.7 | 01:16.8 | 11:59.5 | 01:15.8 | 13:14.8 | 01:15.2 | 14:28.9 | 01:14.0 | 15:36.0 | 01:07.1 |
| 23 | 福本 悠真 | 5000m-5 | 15:36.7 | 16 | 38 | 00:38.0 | 00:38.0 | 01:50.7 | 01:12.6 | 03:05.2 | 01:14.4 | 04:22.6 | 01:17.4 | 05:38.6 | 01:16.0 | 06:55.2 | 01:16.5 | 08:10.5 | 01:15.2 | 09:26.0 | 01:15.4 | 10:42.0 | 01:16.0 | 11:58.3 | 01:16.2 | 13:13.4 | 01:15.1 | 14:28.6 | 01:15.2 | 15:36.7 | 01:08.1 |
| 15 | 佐藤 勝茂 | 5000m-5 | 15:37.8 | 17 | 38 | 00:38.5 | 00:38.5 | 01:51.7 | 01:13.2 | 03:06.1 | 01:14.4 | 04:23.4 | 01:17.2 | 05:39.0 | 01:15.6 | 06:55.8 | 01:16.8 | 08:11.0 | 01:15.1 | 09:26.0 | 01:15.0 | 10:42.4 | 01:16.4 | 11:58.7 | 01:16.2 | 13:13.9 | 01:15.2 | 14:28.2 | 01:14.3 | 15:37.8 | 01:09.5 |
| 14 | 板岡 俊矢 | 5000m-5 | 15:44.1 | 18 | 38 | 00:35.9 | 00:35.9 | 01:48.8 | 01:12.8 | 03:02.8 | 01:13.9 | 04:17.2 | 01:14.4 | 05:30.6 | 01:13.3 | 06:44.8 | 01:14.2 | 08:00.1 | 01:15.2 | 09:16.7 | 01:16.6 | 10:34.6 | 01:17.8 | 11:54.1 | 01:19.5 | 13:14.4 | 01:20.2 | 14:31.7 | 01:17.3 | 15:44.1 | 01:12.3 |
| 31 | 足立 良太 | 5000m-5 | 15:45.7 | 19 | 38 | 00:38.9 | 00:38.9 | 01:52.1 | 01:13.2 | 03:06.7 | 01:14.5 | 04:23.8 | 01:17.1 | 05:39.5 | 01:15.6 | 06:56.1 | 01:16.6 | 08:12.1 | 01:16.0 | 09:27.9 | 01:15.7 | 10:43.8 | 01:15.9 | 11:59.5 | 01:15.7 | 13:14.9 | 01:15.3 | 14:30.0 | 01:15.0 | 15:45.7 | 01:15.7 |
| 17 | 齋藤 俊平 | 5000m-5 | 15:45.7 | 19 | 38 | 00:38.1 | 00:38.1 | 01:51.0 | 01:12.8 | 03:05.4 | 01:14.3 | 04:22.6 | 01:17.2 | 05:38.8 | 01:16.2 | 06:55.0 | 01:16.1 | 08:10.1 | 01:15.1 | 09:25.7 | 01:15.5 | 10:42.2 | 01:16.4 | 12:01.5 | 01:19.3 | 13:20.8 | 01:19.2 | 14:37.4 | 01:16.5 | 15:45.7 | 01:08.3 |
| 22 | 中水 佑 | 5000m-5 | 15:49.0 | 21 | 38 | 00:38.2 | 00:38.2 | 01:51.2 | 01:13.0 | 03:06.1 | 01:14.8 | 04:23.4 | 01:17.2 | 05:39.4 | 01:16.0 | 06:55.9 | 01:16.5 | 08:11.2 | 01:15.3 | 09:26.2 | 01:15.0 | 10:42.6 | 01:16.3 | 11:59.7 | 01:17.1 | 13:19.1 | 01:19.3 | 14:37.7 | 01:18.5 | 15:49.0 | 01:11.3 |
| 28 | 田中 耕太 | 5000m-5 | 15:55.8 | 22 | 38 | 00:38.8 | 00:38.8 | 01:54.2 | 01:15.4 | 03:10.3 | 01:16.1 | 04:28.0 | 01:17.7 | 05:45.7 | 01:17.6 | 07:02.6 | 01:16.9 | 08:20.3 | 01:17.7 | 09:38.0 | 01:17.6 | 10:55.6 | 01:17.6 | 12:13.0 | 01:17.4 | 13:29.4 | 01:16.3 | 14:45.7 | 01:16.2 | 15:55.8 | 01:10.0 |
| 40 | 望月 佐夢 | 5000m-5 | 15:57.8 | 23 | 38 | 00:38.8 | 00:38.8 | 01:54.0 | 01:15.2 | 03:09.7 | 01:15.7 | 04:27.9 | 01:18.2 | 05:45.2 | 01:17.3 | 07:02.5 | 01:17.2 | 08:19.8 | 01:17.3 | 09:37.2 | 01:17.3 | 10:54.7 | 01:17.4 | 12:12.6 | 01:17.9 | 13:28.8 | 01:16.2 | 14:45.9 | 01:17.0 | 15:57.8 | 01:11.8 |
| 32 | 上川 英一 | 5000m-5 | 15:59.0 | 24 | 38 | 00:39.3 | 00:39.3 | 01:54.6 | 01:15.3 | 03:10.7 | 01:16.0 | 04:28.6 | 01:17.9 | 05:46.1 | 01:17.4 | 07:03.1 | 01:17.0 | 08:20.6 | 01:17.4 | 09:37.6 | 01:16.9 | 10:55.0 | 01:17.3 | 12:12.8 | 01:17.8 | 13:29.8 | 01:16.9 | 14:47.8 | 01:18.0 | 15:59.0 | 01:11.1 |
| 33 | 川嶋 洋平 | 5000m-5 | 16:02.5 | 25 | 38 | 00:39.6 | 00:39.6 | 01:55.5 | 01:15.9 | 03:11.4 | 01:15.9 | 04:28.7 | 01:17.2 | 05:46.3 | 01:17.5 | 07:03.2 | 01:16.9 | 08:20.7 | 01:17.4 | 09:38.1 | 01:17.3 | 10:55.8 | 01:17.7 | 12:14.2 | 01:18.3 | 13:32.3 | 01:18.1 | 14:50.0 | 01:17.7 | 16:02.5 | 01:12.4 |
| 26 | 浅井 創太 | 5000m-5 | 16:03.3 | 26 | 38 | 00:38.3 | 00:38.3 | 01:53.7 | 01:15.4 | 03:09.6 | 01:15.8 | 04:27.5 | 01:17.9 | 05:45.0 | 01:17.4 | 07:02.1 | 01:17.0 | 08:19.7 | 01:17.6 | 09:36.9 | 01:17.2 | 10:55.4 | 01:18.4 | 12:13.6 | 01:18.2 | 13:32.0 | 01:18.3 | 14:50.0 | 01:17.9 | 16:03.3 | 01:13.3 |
| 39 | 河合 勇樹 | 5000m-5 | 16:06.2 | 27 | 38 | 00:38.7 | 00:38.7 | 01:54.6 | 01:15.8 | 03:09.8 | 01:15.2 | 04:27.6 | 01:17.7 | 05:44.3 | 01:16.7 | 07:01.7 | 01:17.4 | 08:19.2 | 01:17.4 | 09:36.5 | 01:17.2 | 10:54.3 | 01:17.8 | 12:12.3 | 01:18.0 | 13:31.5 | 01:19.2 | 14:51.0 | 01:19.5 | 16:06.2 | 01:15.1 |
| 43 | 射場本 綾 | 5000m-5 | 16:09.7 | 28 | 38 | 00:37.7 | 00:37.7 | 01:51.1 | 01:13.4 | 03:05.3 | 01:14.2 | 04:22.6 | 01:17.2 | 05:38.6 | 01:15.9 | 06:55.4 | 01:16.8 | 08:12.5 | 01:17.1 | 09:30.3 | 01:17.7 | 10:49.8 | 01:19.4 | 12:09.8 | 01:20.0 | 13:31.1 | 01:21.3 | 14:53.7 | 01:22.5 | 16:09.7 | 01:16.0 |
| 34 | マカリスタ | 5000m-5 | 16:16.5 | 29 | 38 | 00:39.1 | 00:39.1 | 01:55.2 | 01:16.0 | 03:11.6 | 01:16.4 | 04:29.4 | 01:17.8 | 05:47.4 | 01:17.9 | 07:04.3 | 01:16.9 | 08:22.9 | 01:18.5 | 09:42.0 | 01:19.0 | 11:02.1 | 01:20.1 | 12:22.6 | 01:20.4 | 13:41.9 | 01:19.3 | 15:01.4 | 01:19.4 | 16:16.5 | 01:15.1 |
| 20 | 斎藤 湧歩 | 5000m-5 | 16:23.0 | 30 | 38 | 00:38.1 | 00:38.1 | 01:50.8 | 01:12.6 | 03:05.5 | 01:14.7 | 04:22.8 | 01:17.2 | 05:38.8 | 01:16.0 | 06:55.3 | 01:16.5 | 08:12.0 | 01:16.7 | 09:33.1 | 01:21.1 | 10:55.8 | 01:22.6 | 12:34.4 | 01:38.5 | 13:56.7 | 01:22.3 | 15:14.7 | 01:18.0 | 16:23.0 | 01:08.3 |
| 24 | 井辻 祐太 | 5000m-5 | 16:23.4 | 31 | 38 | 00:37.4 | 00:37.4 | 01:50.5 | 01:13.1 | 03:05.4 | 01:14.9 | 04:22.7 | 01:17.3 | 05:38.5 | 01:15.7 | 06:54.7 | 01:16.2 | 08:13.1 | 01:18.4 | 09:37.8 | 01:24.6 | 10:57.6 | 01:19.7 | 12:24.6 | 01:27.0 | 13:43.6 | 01:19.0 | 15:05.3 | 01:21.6 | 16:23.4 | 01:18.1 |
| 35 | 池内 雅裕 | 5000m-5 | 16:31.8 | 32 | 38 | 00:38.8 | 00:38.8 | 01:54.4 | 01:15.6 | 03:10.3 | 01:15.9 | 04:28.2 | 01:17.8 | 05:45.6 | 01:17.4 | 07:02.7 | 01:17.0 | 08:20.2 | 01:17.5 | 09:38.1 | 01:17.8 | 10:55.6 | 01:17.5 | 12:14.1 | 01:18.4 | 13:36.9 | 01:22.8 | 15:03.2 | 01:26.2 | 16:31.8 | 01:28.5 |
| 38 | 近藤 柊斗 | 5000m-5 | 16:34.6 | 33 | 38 | 00:39.4 | 00:39.4 | 01:55.5 | 01:16.1 | 03:11.2 | 01:15.6 | 04:29.3 | 01:18.1 | 05:46.7 | 01:17.4 | 07:04.2 | 01:17.4 | 08:23.8 | 01:19.6 | 09:44.8 | 01:20.9 | 11:07.5 | 01:22.7 | 12:30.9 | 01:23.3 | 13:54.0 | 01:23.1 | 15:16.4 | 01:22.4 | 16:34.6 | 01:18.1 |
| 30 | 伊藤 瑛太 | 5000m-5 | 16:45.3 | 34 | 38 | 00:39.1 | 00:39.1 | 01:54.9 | 01:15.8 | 03:10.9 | 01:15.9 | 04:28.8 | 01:17.9 | 05:46.2 | 01:17.3 | 07:03.3 | 01:17.1 | 08:20.7 | 01:17.3 | 09:38.5 | 01:17.7 | 10:59.8 | 01:21.3 | 12:24.9 | 01:25.0 | 13:53.3 | 01:28.4 | 15:22.3 | 01:28.9 | 16:45.3 | 01:22.9 |
| 36 | 森田 裕太 | 5000m-5 | 17:08.9 | 35 | 38 | 00:40.1 | 00:40.1 | 01:57.6 | 01:17.4 | 03:17.3 | 01:19.7 | 04:39.4 | 01:22.0 | 06:01.4 | 01:21.9 | 07:23.9 | 01:22.5 | 08:47.0 | 01:23.1 | 10:10.5 | 01:23.5 | 11:34.4 | 01:23.8 | 12:59.0 | 01:24.6 | 14:23.8 | 01:24.8 | 15:49.1 | 01:25.3 | 17:08.9 | 01:19.8 |
| 6 | 吉田 茂樹 | 5000m-5 | - | - | 38 | 00:35.2 | 00:35.2 | 01:46.0 | 01:10.7 | 02:58.1 | 01:12.1 | 04:10.3 | 01:12.2 | 05:21.6 | 01:11.2 | 06:34.3 | 01:12.7 | 07:50.6 | 01:16.3 | 09:07.0 | 01:16.3 | - | - | - | - | - | - | - | - | - | - |
| 21 | 風間 健範 | 5000m-5 | - | - | 38 | 00:37.8 | 00:37.8 | 01:51.1 | 01:13.3 | 03:05.6 | 01:14.4 | 04:23.0 | 01:17.3 | 05:39.4 | 01:16.4 | 06:56.5 | 01:17.1 | 08:16.8 | 01:20.3 | 09:38.3 | 01:21.4 | - | - | - | - | - | - | - | - | - | - |
| 19 | JOHNSON | 5000m-5 | - | - | 38 | 00:37.7 | 00:37.7 | 01:50.1 | 01:12.3 | 03:03.8 | 01:13.6 | 04:18.8 | 01:14.9 | 05:32.6 | 01:13.8 | 06:48.8 | 01:16.2 | 08:05.9 | 01:17.1 | 09:22.3 | 01:16.3 | | | | | | | | | | |