

ナンバー	氏名	種目	記録	部門順位	部門順位母数	通過1	周回1	通過2	周回2	通過3	周回3	通過4	周回4	通過5	周回5	通過6	周回6	通過7	周回7	通過8	周回8	通過9	周回9	通過10	周回10	通過11	周回11	通過12	周回12	通過13	周回13
11	渡邊 一博	5000-1	19:24.7	1	31	00:44.8	00:44.8	02:23.0	01:38.2	04:03.4	01:40.3	05:41.4	01:38.0	07:16.0	01:34.5	08:52.4	01:36.3	10:30.4	01:37.9	12:03.8	01:33.4	13:39.9	01:36.1	15:17.5	01:37.5	16:40.8	01:23.3	18:08.0	01:27.2	19:24.7	01:16.7
1	前田 健輔	5000-1	19:26.0	2	31	00:44.6	00:44.6	02:22.9	01:38.3	04:02.6	01:39.7	05:41.2	01:38.5	07:15.7	01:34.5	08:51.9	01:36.2	10:29.9	01:38.0	12:03.4	01:33.4	13:39.6	01:36.2	15:17.2	01:37.5	16:42.9	01:25.7	18:08.1	01:25.2	19:26.0	01:17.8
13	鶴田 智久	5000-1	19:46.8	3	31	00:44.6	00:44.6	02:22.6	01:38.0	04:02.8	01:40.2	05:41.5	01:38.7	07:16.2	01:34.7	08:52.7	01:36.5	10:30.6	01:37.9	12:04.1	01:33.4	13:40.1	01:36.0	15:17.7	01:37.6	16:47.4	01:29.7	18:18.8	01:31.3	19:46.8	01:27.9
9	平田 龍生	5000-1	19:56.4	4	31	00:44.8	00:44.8	02:22.4	01:37.6	04:02.8	01:40.4	05:41.3	01:38.4	07:15.9	01:34.6	08:52.0	01:36.1	10:30.1	01:38.0	12:03.6	01:33.4	13:39.6	01:35.9	15:16.7	01:37.1	16:49.3	01:32.5	18:27.4	01:38.0	19:56.4	01:29.0
5	浦野 健一	5000-1	20:08.2	5	31	00:45.6	00:45.6	02:23.8	01:38.1	04:03.7	01:39.9	05:41.9	01:38.2	07:18.1	01:36.1	08:52.9	01:34.8	10:30.8	01:37.8	12:04.5	01:33.6	13:40.6	01:36.1	15:18.2	01:37.5	16:55.0	01:36.8	18:34.5	01:39.4	20:08.2	01:33.6
3	竹内 愛	5000-1	20:18.3	6	31	00:45.0	00:45.0	02:23.1	01:38.1	04:02.9	01:39.8	05:41.7	01:38.7	07:16.6	01:34.8	08:52.8	01:36.2	10:30.8	01:37.9	12:06.3	01:35.5	13:46.4	01:40.0	15:17.2	01:40.2	17:05.3	01:38.6	18:42.9	01:37.5	20:18.3	01:35.3
7	栗山 哲也	5000-1	20:20.0	7	31	00:46.5	00:46.5	02:23.3	01:36.8	04:03.3	01:39.9	05:41.7	01:38.4	07:16.1	01:34.3	08:52.8	01:36.7	10:30.5	01:37.7	12:04.2	01:33.6	13:40.1	01:35.9	15:17.5	01:37.4	16:56.7	01:39.1	18:43.7	01:47.0	20:20.0	01:36.3
14	竹森 友香	5000-1	20:20.6	8	31	00:45.8	00:45.8	02:23.7	01:37.9	04:03.5	01:39.8	05:42.3	01:38.7	07:17.4	01:35.1	08:54.1	01:36.6	10:32.1	01:38.0	12:11.3	01:39.2	13:52.3	01:40.9	15:34.0	01:41.7	17:12.8	01:38.8	18:50.8	01:37.9	20:20.6	01:29.7
12	佐一木 大輔	5000-1	20:21.4	9	31	00:45.5	00:45.5	02:23.4	01:37.8	04:03.5	01:40.1	05:42.3	01:38.8	07:17.0	01:34.6	08:53.4	01:36.4	10:31.6	01:38.1	12:10.2	01:38.6	13:51.2	01:41.0	15:33.0	01:41.7	17:11.7	01:38.6	18:49.4	01:37.7	20:21.4	01:32.0
4	小暮 慎太郎	5000-1	20:23.4	10	31	00:47.9	00:47.9	02:29.4	01:41.5	04:09.6	01:40.2	05:50.0	01:40.3	07:29.5	01:39.5	09:07.8	01:38.2	10:48.0	01:40.1	12:26.1	01:38.1	14:05.6	01:39.5	15:44.1	01:38.4	17:18.8	01:34.6	18:54.1	01:35.3	20:23.4	01:29.2
17	磯崎 学	5000-1	20:23.8	11	31	00:46.3	00:46.3	02:29.1	01:42.7	04:09.1	01:40.0	05:49.7	01:40.5	07:30.1	01:40.4	09:07.5	01:37.3	10:47.7	01:40.2	12:25.8	01:38.1	14:05.3	01:39.4	15:43.6	01:38.2	17:17.8	01:34.2	18:53.5	01:35.6	20:23.8	01:30.3
29	外尾 修子	5000-1	20:24.0	12	31	00:50.1	00:50.1	02:29.5	01:39.3	04:09.2	01:39.7	05:49.9	01:40.7	07:29.2	01:39.2	09:07.6	01:38.3	10:48.0	01:40.4	12:26.7	01:38.7	14:05.9	01:39.1	15:44.2	01:38.3	17:18.6	01:34.3	18:53.9	01:35.3	20:24.0	01:30.1
16	芦萱 勝	5000-1	20:26.1	13	31	00:47.6	00:47.6	02:29.1	01:41.4	04:09.1	01:40.0	05:49.4	01:40.2	07:29.4	01:39.9	09:08.0	01:38.6	10:48.4	01:40.3	12:27.0	01:38.5	14:06.5	01:39.5	15:44.6	01:38.1	17:19.4	01:34.7	18:54.6	01:35.2	20:26.1	01:31.5
6	日置 信和	5000-1	20:44.2	14	31	00:45.9	00:45.9	02:28.4	01:42.5	04:08.8	01:40.3	05:49.4	01:40.5	07:28.7	01:39.3	09:06.9	01:38.2	10:47.4	01:40.2	12:25.4	01:38.0	14:04.9	01:39.4	15:43.3	01:38.4	17:20.6	01:37.3	19:00.5	01:39.8	20:44.2	01:43.7
8	柳川 浩貴	5000-1	20:52.4	15	31	00:45.5	00:45.5	02:23.9	01:38.4	04:03.4	01:39.4	05:42.3	01:38.9	07:17.6	01:35.2	08:53.3	01:35.7	10:31.2	01:37.8	12:04.4	01:33.1	13:41.9	01:37.5	15:28.9	01:46.9	17:17.4	01:48.5	19:07.7	01:50.2	20:52.4	01:44.7
26	岡崎 園子	5000-1	20:56.1	16	31	00:50.3	00:50.3	02:32.2	01:41.8	04:15.7	01:43.5	05:57.4	01:41.7	07:39.4	01:41.9	09:18.3	01:38.9	11:00.5	01:42.2	12:40.6	01:40.0	14:20.4	01:39.8	16:00.8	01:40.3	17:42.6	01:41.8	19:21.4	01:38.7	20:56.1	01:34.6
25	武井 真一	5000-1	21:09.0	17	31	00:48.6	00:48.6	02:29.3	01:40.7	04:13.4	01:44.1	05:58.4	01:45.0	07:40.9	01:42.4	09:22.2	01:41.2	11:05.3	01:43.1	12:47.7	01:42.4	14:29.8	01:42.1	16:09.6	01:39.8	17:51.0	01:41.3	19:31.6	01:40.6	21:09.0	01:37.4
21	上村 志保	5000-1	21:32.4	18	31	00:47.7	00:47.7	02:30.9	01:43.2	04:16.0	01:45.0	05:57.9	01:41.9	07:39.7	01:41.7	09:22.5	01:42.8	11:09.8	01:47.2	12:56.5	01:46.7	14:42.4	01:45.9	16:27.0	01:44.6	18:11.6	01:44.5	19:55.1	01:43.5	21:32.4	01:37.2
24	手塚 友喜	5000-1	21:37.3	19	31	00:51.0	00:51.0	02:36.8	01:45.8	04:22.3	01:45.6	06:08.3	01:46.0	07:51.4	01:43.1	09:34.8	01:43.3	11:21.2	01:46.2	13:06.8	01:46.6	14:51.4	01:44.6	16:36.4	01:44.9	18:18.8	01:42.3	20:00.8	01:42.0	21:37.3	01:36.4
22	山崎 俊治	5000-1	21:38.6	20	31	00:46.5	00:46.5	02:29.8	01:43.2	04:09.7	01:39.9	05:50.2	01:40.5	07:31.0	01:40.8	09:15.0	01:43.9	11:02.3	01:47.2	12:50.4	01:48.0	14:38.3	01:47.9	16:26.8	01:48.4	18:15.7	01:48.8	20:00.3	01:44.6	21:38.6	01:38.3
15	清水 孝行	5000-1	21:53.0	21	31	00:46.2	00:46.2	02:28.9	01:42.6	04:13.0	01:44.1	05:58.3	01:45.2	07:48.0	01:49.7	09:35.5	01:47.4	11:22.4	01:46.8	13:09.2	01:46.8	14:56.4	01:47.2	16:42.2	01:46.7	18:28.3	01:46.1	20:13.8	01:45.4	21:53.0	01:39.2
28	矢部 英	5000-1	22:06.0	22	31	00:49.6	00:49.6	02:38.2	01:48.5	04:24.6	01:46.3	06:11.1	01:46.4	07:55.3	01:44.2	09:40.5	01:45.1	11:25.7	01:45.2	13:13.4	01:47.6	14:55.5	01:46.1	16:45.3	01:45.7	18:33.3	01:48.0	20:22.2	01:48.8	22:06.0	01:43.8
23	村上 貴博	5000-1	22:09.7	23	31	00:48.8	00:48.8	02:31.4	01:42.5	04:16.9	01:45.5	06:04.4	01:47.4	07:52.6	01:48.2	09:41.7	01:49.0	11:31.5	01:49.8	13:23.1	01:51.5	15:12.6	01:49.5	17:00.8	01:48.1	18:46.8	01:46.0	20:32.8	01:45.9	22:09.7	01:36.8
33	黄田 立文	5000-1	22:14.3	24	31	00:48.8	00:48.8	02:32.9	01:44.1	04:22.9	01:50.0	06:12.3	01:49.4	08:00.5	01:48.2	09:50.2	01:49.6	11:39.0	01:48.8	13:26.6	01:47.5	15:14.4	01:47.7	17:01.9	01:47.5	18:47.9	01:46.0	20:35.0	01:47.1	22:14.3	01:39.2
32	山際 将典	5000-1	22:15.4	25	31	00:40.5	00:40.5	02:16.1	01:35.5	04:15.6	01:50.4	06:02.3	01:46.7	07:50.9	01:48.6	09:35.5	01:44.5	11:23.4	01:47.9	13:12.2	01:48.8	15:00.7	01:48.5	16:51.5	01:50.7	18:40.4	01:48.9	20:29.2	01:48.7	22:15.4	01:46.1
34	坂内 寿美礼	5000-1	22:15.5	26	31	00:41.0	00:41.0	02:16.2	01:35.2	04:15.7	01:59.4	06:02.7	01:46.9	07:51.0	01:48.3	09:35.9	01:44.9	11:24.0	01:48.0	13:12.9	01:48.9	15:01.2	01:48.2	16:52.1	01:50.9	18:41.0	01:48.8	20:29.8	01:48.8	22:15.5	01:45.6
30	細谷 みゆき	5000-1	22:18.2	27	31	00:51.5	00:51.5	02:37.7	01:46.2	04:23.8	01:46.1	06:11.8	01:47.9	08:00.2	01:48.3	09:49.4	01:49.2	11:38.9	01:49.4	13:26.3	01:47.4	15:14.0	01:47.7	17:01.7	01:47.6	18:47.6	01:45.9	20:34.8	01:47.2	22:18.2	01:43.2
10	高橋 欣也	5000-1	22:23.4	28	31	00:45.6	00:45.6	02:28.2	01:42.6	04:08.5	01:40.2	05:49.2	01:40.7	07:30.1	01:40.9	09:18.0	01:47.8	11:12.8	01:54.8	13:04.9	01:52.1	14:52.5	01:47.6	16:43.5	01:50.9	18:36.7	01:53.2	20:30.1	01:56.3	22:23.4	01:50.3
25	下重 貴子	5000-1	22:45.9	29	31	00:52.8	00:52.8	02:44.3	01:51.8	04:32.9	01:48.5	06:22.4	01:49.5	08:12.8	01:50.4	10:04.7	01:51.8	11:53.3	01:48.6	13:44.6	01:51.2	15:39.0	01:54.3	17:31.6	01:52.6	19:17.4	01:45.8	21:04.4	01:47.0	22:45.9	01:41.5
27	石井 正樹	5000-1	22:50.4	30	31	00:48.8	00:48.8	02:38.0	01:49.2	04:28.0	01:49.9	06:19.3	01:51.3	08:13.6	01:54.3	10:05.6	01:52.0	11:56.3	01:50.6	13:49.2	01:52.9	15:43.8	01:54.5	17:34.8	01:51.0	19:22.5	01:47.6	21:16.7	01:55.1	22:50.4	01:32.7
26	櫻井 大路	5000-1	23:16.3	31	31	00:51.0	00:51.0	02:37.8	01:46.8	04:24.1	01:46.2	06:10.5	01:46.4	07:58.2	01:47.7	09:51.6	01:53.4	11:46.2	01:54.5	13:42.7	01:56.5	15:35.2	01:52.4	17:26.5	01:51.2	19:22.0	01:55.5	21:21.5	01:59.5	23:16.3	01:54.8
19	島貴 裕太	5000-2	18:16.4	1	30	00:38.9	00:38.9	02:08.5	01:29.5	03:41.0	01:32.5	05:14.0	01:32.9	06:47.5	01:33.4	08:18.1	01:30.6	09:48.4	01:30.2	11:18.2	01:29.8	12:47.1	01:28.8	14:15.2	01:28.0	15:40.1	01:24.8	17:00.9	01:20.8	18:16.4	01:15.4
8	勝丸 真至	5000-2	18:36.6	2	30	00:41.5	00:41.5	02:14.2	01:32.6	03:46.9	01:32.7	05:17.4	01:30.4	06:47.0	01:29.5	08:17.8	01:30.8	09:48.													

37	吉田 和史	5000-3	18:20.2	3	35	00:40.9	00:40.9	02:11.1	01:30.1	03:41.4	01:30.3	05:11.6	01:30.1	06:39.5	01:27.9	08:08.8	01:29.2	09:37.5	01:28.6	11:05.0	01:27.5	12:34.3	01:29.3	14:02.9	01:28.6	15:31.1	01:28.1	16:59.1	01:28.0	18:20.2	01:21.1	
2	上村 英生	5000-3	18:23.5	4	35	00:42.2	00:42.2	02:11.9	01:29.7	03:42.2	01:30.3	05:12.2	01:29.9	06:39.9	01:27.6	08:08.9	01:29.0	09:36.7	01:27.8	11:04.6	01:27.9	12:33.7	01:29.0	14:02.6	01:28.8	15:29.1	01:26.4	16:56.4	01:27.3	18:23.5	01:27.0	
8	高田 幸典	5000-3	18:24.2	5	35	00:41.1	00:41.1	02:11.2	01:30.1	03:41.4	01:30.2	05:11.7	01:30.2	06:39.8	01:28.1	08:08.8	01:28.9	09:37.8	01:28.9	11:05.2	01:27.4	12:34.5	01:29.2	14:03.1	01:28.6	15:31.2	01:28.0	16:59.0	01:27.8	18:24.2	01:25.2	
22	伊藤 一規	5000-3	18:26.1	6	35	00:44.6	00:44.6	02:16.9	01:32.3	03:48.1	01:31.1	05:17.9	01:29.8	06:47.1	01:29.1	08:16.9	01:29.8	09:46.7	01:29.8	11:16.1	01:29.3	12:45.3	01:29.2	14:15.2	01:29.9	15:43.5	01:28.2	17:07.6	01:24.1	18:26.1	01:18.4	
33	中島 健太	5000-3	18:30.1	7	35	00:44.7	00:44.7	02:18.7	01:34.0	03:50.0	01:31.3	05:18.9	01:28.8	06:52.7	01:33.8	08:25.0	01:32.3	09:57.1	01:32.0	11:27.2	01:30.1	12:50.3	01:23.0	14:18.5	01:28.2	15:47.4	01:28.9	17:14.4	01:26.9	18:30.1	01:15.6	
6	西村 隆	5000-3	18:31.1	8	35	00:43.5	00:43.5	02:12.4	01:28.9	03:43.1	01:30.6	05:12.7	01:29.6	06:41.0	01:28.2	08:09.7	01:28.7	09:38.3	01:28.5	11:05.9	01:27.6	12:34.6	01:28.7	14:03.5	01:28.8	15:32.2	01:28.7	17:02.4	01:30.2	18:31.1	01:28.6	
17	山口 幹哉	5000-3	18:35.0	9	35	00:44.0	00:44.0	02:16.5	01:32.5	03:48.3	01:31.7	05:18.7	01:30.4	06:48.5	01:29.7	08:20.2	01:31.6	09:50.7	01:30.5	11:19.3	01:28.5	12:48.0	01:28.7	14:17.3	01:29.3	15:45.6	01:28.3	17:10.1	01:24.0	18:35.0	01:24.8	
5	原田 芳一	5000-3	18:36.9	10	35	00:41.5	00:41.5	02:11.3	01:29.8	03:41.8	01:30.4	05:11.9	01:30.1	06:39.9	01:28.0	08:09.7	01:29.7	09:38.6	01:28.9	11:05.9	01:27.3	12:34.9	01:28.9	14:03.7	01:28.7	15:34.8	01:31.1	17:08.0	01:33.2	18:36.9	01:28.8	
18	白戸 太朗	5000-3	18:37.7	11	35	00:42.8	00:42.8	02:15.0	01:32.2	03:45.9	01:30.9	05:16.0	01:30.0	06:46.1	01:30.1	08:16.1	01:30.0	09:46.0	01:29.8	11:16.2	01:28.2	12:45.0	01:28.8	14:14.7	01:29.6	15:45.7	01:30.9	17:13.7	01:28.0	18:37.7	01:24.0	
36	吉田 和彦	5000-3	18:38.3	12	35	00:44.3	00:44.3	02:16.6	01:32.3	03:48.4	01:31.7	05:18.1	01:29.7	06:48.1	01:29.9	08:19.6	01:31.5	09:50.1	01:30.5	11:18.9	01:28.7	12:47.6	01:28.7	14:16.7	01:29.0	15:46.3	01:29.6	17:14.0	01:27.6	18:38.3	01:24.3	
7	三上 英一	5000-3	18:45.0	13	35	00:43.5	00:43.5	02:12.9	01:29.4	03:43.4	01:30.4	05:13.2	01:29.8	06:41.5	01:28.3	08:14.7	01:33.1	09:44.4	01:29.7	11:15.3	01:30.8	12:46.3	01:30.9	14:17.6	01:31.2	15:49.2	01:31.6	17:19.4	01:30.1	18:45.0	01:25.6	
13	福田 将大	5000-3	18:46.2	14	35	00:43.3	00:43.3	02:15.5	01:32.2	03:46.5	01:31.0	05:16.1	01:29.5	06:46.5	01:30.4	08:16.4	01:29.9	09:46.5	01:30.0	11:16.8	01:30.3	12:46.0	01:29.2	14:16.5	01:30.4	15:47.2	01:30.7	17:18.5	01:31.2	18:46.2	01:27.7	
12	松本 郷平	5000-3	18:48.8	15	35	00:40.5	00:40.5	02:10.6	01:30.0	03:40.9	01:30.3	05:11.2	01:30.2	06:39.1	01:27.8	08:08.4	01:29.3	09:37.3	01:28.9	11:09.5	01:32.2	12:41.6	01:32.0	14:15.3	01:33.7	15:49.3	01:33.9	17:20.5	01:31.2	18:48.8	01:28.3	
31	中野 聡	5000-3	18:50.9	16	35	00:40.8	00:40.8	02:10.6	01:29.8	03:41.0	01:30.4	05:11.2	01:30.1	06:39.1	01:27.9	08:08.4	01:29.3	09:37.0	01:28.5	11:06.5	01:29.4	12:38.6	01:32.1	14:12.6	01:33.9	15:48.0	01:35.3	17:21.8	01:33.8	18:50.9	01:29.1	
15	近野 大樹	5000-3	18:53.5	17	35	00:44.3	00:44.3	02:17.8	01:33.5	03:50.0	01:32.2	05:15.1	01:31.4	06:54.8	01:33.3	08:27.9	01:33.0	09:58.6	01:30.7	11:28.9	01:30.2	12:59.3	01:30.4	14:31.5	01:32.2	16:01.9	01:30.0	17:32.0	01:30.4	18:53.5	01:22.2	
34	山本 信	5000-3	18:59.0	18	35	00:45.8	00:45.8	02:20.2	01:34.3	03:50.7	01:30.5	05:20.9	01:30.2	06:53.5	01:32.5	08:25.0	01:31.5	09:57.2	01:32.1	11:28.3	01:31.1	12:59.2	01:30.9	14:31.7	01:32.4	16:04.8	01:33.0	17:36.1	01:31.3	18:59.0	01:22.9	
4	中山 隼	5000-3	18:59.9	19	35	00:41.6	00:41.6	02:11.8	01:30.2	03:41.9	01:30.0	05:12.0	01:30.0	06:41.2	01:29.2	08:15.3	01:34.1	09:47.5	01:32.1	11:19.9	01:32.4	12:52.7	01:32.7	14:27.1	01:34.3	16:02.4	01:35.3	17:32.8	01:30.4	18:59.9	01:27.0	
21	Quint Oga-Bali	5000-3	19:00.3	20	35	00:44.2	00:44.2	02:17.8	01:33.6	03:49.1	01:31.3	05:18.1	01:29.0	06:52.3	01:34.1	08:24.6	01:32.3	09:56.6	01:31.9	11:28.3	01:31.7	12:58.9	01:30.6	14:31.5	01:32.5	16:01.5	01:30.0	17:32.0	01:30.4	19:00.3	01:28.3	
16	麻生 賢	5000-3	19:05.3	21	35	00:45.4	00:45.4	02:18.9	01:33.5	03:50.6	01:31.6	05:20.2	01:29.5	06:53.7	01:33.5	08:25.3	01:31.5	09:57.9	01:32.6	11:28.8	01:30.9	12:59.9	01:31.0	14:32.6	01:32.7	16:08.1	01:35.4	17:38.8	01:30.7	19:05.3	01:26.5	
29	赤羽 悠	5000-3	19:05.4	22	35	00:43.8	00:43.8	02:17.0	01:33.1	03:49.0	01:31.9	05:18.9	01:29.9	06:53.1	01:34.2	08:25.5	01:32.3	09:58.1	01:32.6	11:29.0	01:30.9	13:00.1	01:31.1	14:32.3	01:32.1	16:05.1	01:32.8	17:37.2	01:32.1	19:05.4	01:28.1	
23	星 広美	5000-3	19:12.1	23	35	00:43.2	00:43.2	02:16.0	01:32.7	03:47.8	01:31.8	05:19.4	01:31.6	06:52.1	01:33.3	08:25.5	01:32.7	09:57.4	01:31.8	11:28.4	01:31.0	12:59.8	01:31.4	14:33.5	01:33.6	16:08.6	01:35.0	17:43.5	01:34.8	19:12.1	01:28.6	
35	伊澤 愛子	5000-3	19:26.7	24	35	00:44.3	00:44.3	02:17.5	01:33.2	03:49.4	01:31.9	05:20.2	01:30.8	06:53.7	01:33.4	08:26.4	01:32.7	10:00.8	01:34.3	11:36.2	01:35.3	13:11.3	01:35.1	14:49.3	01:37.9	16:25.5	01:36.2	17:59.2	01:33.7	19:26.7	01:27.4	
38	佐藤 智明	5000-3	19:37.8	25	35	00:45.8	00:45.8	02:21.1	01:35.3	03:55.4	01:34.2	05:30.3	01:34.8	07:06.1	01:35.8	08:42.3	01:36.1	10:18.3	01:36.0	11:54.1	01:35.8	13:30.9	01:36.8	15:06.1	01:35.1	16:40.1	01:34.0	18:12.8	01:32.6	19:37.8	01:25.0	
11	Drought Andre	5000-3	19:38.5	26	35	00:44.6	00:44.6	02:17.5	01:32.8	03:48.5	01:31.0	05:17.6	01:29.0	06:49.1	01:31.5	08:23.0	01:33.9	10:11.4	01:48.4	11:48.1	01:36.7	13:24.1	01:35.9	15:04.7	01:40.6	16:40.5	01:35.8	18:13.2	01:32.7	19:38.5	01:25.2	
32	田村 一也	5000-3	19:53.2	27	35	00:44.8	00:44.8	02:18.6	01:33.7	03:51.3	01:32.7	05:24.5	01:33.1	07:00.7	01:36.2	08:38.6	01:37.9	10:17.0	01:38.4	11:54.7	01:37.6	13:31.4	01:36.7	15:08.2	01:36.7	16:46.0	01:37.8	18:22.1	01:36.0	19:53.2	01:31.1	
24	田村 拓也	5000-3	19:58.4	28	35	00:46.7	00:46.7	02:21.2	01:34.4	03:55.1	01:33.9	05:29.4	01:34.2	07:05.4	01:36.0	08:41.5	01:36.1	10:17.7	01:38.2	11:53.8	01:36.0	13:30.7	01:36.9	15:10.0	01:39.3	16:48.6	01:38.8	18:26.6	01:38.0	19:58.4	01:31.7	
19	春山 裕介	5000-3	20:23.4	29	35	00:45.7	00:45.7	02:19.5	01:33.7	03:50.4	01:30.9	05:20.6	01:30.1	06:54.3	01:33.6	08:27.0	01:32.7	09:59.7	01:32.6	12:19.2	02:19.5	13:58.8	01:39.5	15:37.2	01:38.3	17:14.1	01:36.9	18:53.1	01:39.0	20:23.4	01:30.2	
30	島村 啓周	5000-3	20:30.9	30	35	00:45.3	00:45.3	02:18.8	01:33.4	03:50.0	01:31.1	05:19.1	01:29.1	06:54.3	01:35.2	08:30.0	01:35.7	10:11.3	01:41.3	11:53.9	01:42.5	13:37.0	01:43.0	15:23.2	01:46.2	17:07.0	01:43.8	18:49.8	01:42.8	20:30.9	01:41.1	
26	古橋 一彦	5000-3	20:41.3	31	35	00:45.6	00:45.6	02:19.5	01:33.8	03:53.7	01:34.2	05:33.6	01:39.9	07:15.9	01:42.2	08:55.3	01:39.4	10:36.4	01:41.1	12:18.1	01:41.7	13:58.7	01:40.5	15:43.1	01:44.3	17:23.3	01:40.2	19:04.4	01:41.1	20:41.3	01:36.8	
14	保岡 昌彦	5000-3	-	DNF	35	00:41.8	00:41.8	02:12.0	01:30.1	03:42.1	01:30.1	05:12.3	01:30.1	06:40.5	01:28.2	08:13.3	01:32.7															
20	中元 隆	5000-3	-	DNF	35	00:43.2	00:43.2	02:15.4	01:32.2	03:46.3	01:30.9	05:16.5	01:30.1	06:47.5	01:31.0	08:23.7	01:36.1	09:58.8	01:35.0	11:27.0	01:28.2											
27	羽鳥 光郎	5000-3	-	DNF	35	00:45.2	00:45.2	02:19.7	01:34.4	03:52.0	01:32.3	05:22.8	01:30.7	06:55.0	01:32.2	08:28.3	01:33.3	10:03.3	01:34.9	11:41.0	01:37.7	18:39.5	06:58.4	19:36.6	00:57.1							
39	橋本 誠紀	5000-3	-	DNF	35	00:44.3	00:44.3	02:18.1	01:33.8	03:49.2	01:31.0	05:18.4	01:29.1	06:52.9	01:34.5	08:25.9	01:33.0															
20	細田 由伸	5000-4	17:27.2	1	30	00:39.6	00:39.6	02:07.0	01:27.3	03:34.4	01:27.4	05:00.6	01:26.1	06:26.4	01:25.7	07:51.1	01:24.7	09:16.8	01:25.7	10:41.3	01:24.4	12:07.2	01:25.9	13:32.0	01:24.7	14:56.1	01:24.1	16:16.5	01:20.3	17:27.2	01:10.7	
18	國分 洋晃	5000-4	17:31.4	2	30	00:42.8	00:42.8	02:09.1	01:26.2	03:36.5	01:27.4	05:02.0	01:25.4	06:27.8																		

3	今野 洋志	5000-5	17:06.3	2	37	00:41.8	00:41.8	02:05.7	01:23.8	03:28.4	01:22.7	04:51.4	01:23.0	06:14.3	01:22.8	07:38.6	01:24.3	09:01.5	01:22.8	10:23.9	01:22.4	11:46.0	01:22.0	13:07.7	01:21.7	14:31.0	01:23.2	15:53.7	01:22.7	17:06.3	01:12.6	
12	新井 和磨	5000-5	17:06.9	3	37	00:38.4	00:38.4	02:03.4	01:25.0	03:26.7	01:23.3	04:49.6	01:22.8	06:12.7	01:23.1	07:37.5	01:24.7	09:00.1	01:22.5	10:23.0	01:22.9	11:45.6	01:22.6	13:08.3	01:22.6	14:31.9	01:23.6	15:54.5	01:22.5	17:06.9	01:12.3	
15	木屋村 守	5000-5	17:08.0	4	37	00:38.4	00:38.4	02:03.2	01:24.7	03:26.6	01:23.4	04:49.3	01:22.7	06:12.3	01:22.9	07:37.0	01:24.7	08:59.5	01:22.4	10:21.9	01:22.4	11:44.7	01:22.8	13:06.8	01:22.1	14:30.3	01:23.4	15:53.8	01:23.4	17:08.0	01:14.1	
30	菅原 伸明	5000-5	17:10.0	5	37	00:41.6	00:41.6	02:07.4	01:25.8	03:31.9	01:24.4	04:52.1	01:20.2	06:14.5	01:22.4	07:39.4	01:24.8	09:02.2	01:22.8	10:25.0	01:22.7	11:46.6	01:21.6	13:08.7	01:22.1	14:32.6	01:23.8	15:55.4	01:22.8	17:10.0	01:14.5	
33	竹内 崇馬	5000-5	17:16.4	6	37	00:40.0	00:40.0	02:05.2	01:25.1	03:27.7	01:22.5	04:50.6	01:22.8	06:13.8	01:23.2	07:38.4	01:24.6	09:01.0	01:22.5	10:24.1	01:23.0	11:46.1	01:22.0	13:08.2	01:22.0	14:32.2	01:23.9	15:55.8	01:23.5	17:16.4	01:20.6	
18	丸尾 擁平	5000-5	17:17.7	7	37	00:42.1	00:42.1	02:08.3	01:26.1	03:32.8	01:24.5	04:56.4	01:23.5	06:20.3	01:23.9	07:45.7	01:25.4	09:09.5	01:23.7	10:33.6	01:24.1	11:57.0	01:23.3	13:21.6	01:24.5	14:45.2	01:23.6	16:07.2	01:22.0	17:17.7	01:10.5	
38	シャンロン ヴ	5000-5	17:18.3	8	37	00:41.2	00:41.2	02:06.7	01:25.4	03:30.3	01:23.6	04:53.7	01:23.3	06:17.5	01:23.8	07:43.7	01:26.1	09:07.8	01:24.1	10:32.1	01:24.3	11:55.6	01:23.5	13:19.2	01:23.5	14:43.1	01:23.9	16:03.9	01:20.8	17:18.3	01:14.3	
4	幸本 裕司	5000-5	17:21.7	9	37	00:40.3	00:40.3	02:03.7	01:23.4	03:27.0	01:23.2	04:49.8	01:22.8	06:12.7	01:22.8	07:37.1	01:24.4	08:59.4	01:22.3	10:23.3	01:23.8	11:47.7	01:24.4	13:14.4	01:26.6	14:42.5	01:28.1	16:07.7	01:25.2	17:21.7	01:13.9	
25	北川 一博	5000-5	17:23.1	10	37	00:41.1	00:41.1	02:07.0	01:25.9	03:30.7	01:23.7	04:54.4	01:23.7	06:18.5	01:24.0	07:43.6	01:25.1	09:07.1	01:23.5	10:32.4	01:25.2	11:56.1	01:23.7	13:20.2	01:24.0	14:43.4	01:23.2	16:04.5	01:21.0	17:23.1	01:18.6	
13	石樽 昌也	5000-5	17:24.5	11	37	00:41.1	00:41.1	02:07.3	01:26.2	03:31.4	01:24.1	04:56.0	01:24.5	06:20.0	01:23.9	07:45.9	01:25.9	09:10.5	01:24.6	10:35.0	01:24.4	11:57.1	01:22.0	13:20.8	01:23.7	14:43.9	01:23.1	16:05.3	01:21.3	17:24.5	01:19.2	
9	澤田 洋志	5000-5	17:25.4	12	37	00:40.8	00:40.8	02:05.4	01:24.5	03:28.4	01:23.0	04:51.5	01:23.0	06:14.4	01:22.9	07:38.9	01:24.5	09:01.9	01:22.9	10:24.7	01:22.8	11:47.7	01:23.0	13:12.0	01:24.2	14:38.4	01:26.3	16:05.6	01:27.2	17:25.4	01:19.7	
45	中野 裕介	5000-5	17:27.4	13	37	00:40.9	00:40.9	02:06.4	01:25.5	03:30.4	01:24.0	04:53.5	01:23.1	06:17.7	01:24.1	07:43.9	01:26.1	09:06.8	01:22.8	10:31.7	01:24.9	11:56.3	01:24.5	13:21.0	01:24.7	14:45.2	01:24.2	16:08.5	01:23.2	17:27.4	01:18.9	
44	加藤 陽貴	5000-5	17:28.8	14	37	00:40.4	00:40.4	02:05.8	01:25.3	03:28.4	01:22.5	04:51.3	01:22.9	06:14.2	01:22.9	07:38.8	01:24.5	09:02.0	01:23.1	10:26.8	01:24.8	11:53.4	01:26.5	13:19.0	01:25.6	14:45.4	01:26.3	16:11.3	01:25.9	17:28.8	01:17.5	
23	中野 喜文	5000-5	17:30.1	15	37	00:39.1	00:39.1	02:04.1	01:25.0	03:29.2	01:25.0	04:54.2	01:24.9	06:18.7	01:24.5	07:44.4	01:25.7	09:07.8	01:23.4	10:32.6	01:24.8	11:56.4	01:23.7	13:20.4	01:24.0	14:45.6	01:25.1	16:10.1	01:24.4	17:30.1	01:20.0	
17	竹内 良彰	5000-5	17:33.8	16	37	00:39.5	00:39.5	02:03.9	01:24.3	03:27.1	01:23.2	04:49.9	01:22.8	06:13.2	01:23.2	07:37.4	01:24.2	09:00.1	01:22.6	10:23.4	01:23.2	11:51.4	01:28.0	13:18.1	01:26.6	14:44.6	01:26.5	16:09.5	01:24.8	17:33.8	01:24.3	
24	酒井 拓磨	5000-5	17:36.9	17	37	00:40.7	00:40.7	02:07.2	01:26.5	03:31.8	01:24.6	04:55.6	01:23.7	06:18.1	01:22.5	07:43.1	01:25.0	09:07.5	01:24.4	10:32.6	01:25.0	11:55.9	01:23.2	13:21.4	01:25.5	14:46.3	01:24.8	16:13.2	01:26.9	17:36.9	01:23.6	
32	久保 康生	5000-5	17:41.6	18	37	00:40.2	00:40.2	02:06.8	01:26.5	03:30.9	01:24.1	04:55.0	01:24.0	06:19.5	01:24.4	07:44.5	01:24.9	09:08.8	01:24.3	10:34.2	01:25.4	11:59.1	01:24.8	13:25.0	01:25.9	14:52.1	01:27.1	16:18.7	01:26.6	17:41.6	01:22.8	
19	磯部 優介	5000-5	17:42.0	19	37	00:38.8	00:38.8	02:03.6	01:24.8	03:28.0	01:24.3	04:52.2	01:24.2	06:15.2	01:23.0	07:41.1	01:25.8	09:06.6	01:25.5	10:32.4	01:25.7	11:57.4	01:25.0	13:23.2	01:25.8	14:50.5	01:27.2	16:19.1	01:28.6	17:42.0	01:22.8	
1	熊谷 卓哉	5000-5	17:44.7	20	37	00:37.9	00:37.9	02:03.0	01:25.1	03:26.2	01:23.1	04:49.0	01:22.8	06:12.0	01:23.0	07:36.5	01:24.4	09:01.2	01:24.7	10:28.2	01:26.9	11:56.2	01:28.0	13:22.8	01:26.6	14:50.4	01:27.5	16:18.9	01:28.5	17:44.7	01:25.7	
11	山崎 洋輔	5000-5	17:45.1	21	37	00:39.4	00:39.4	02:04.5	01:25.1	03:26.8	01:22.3	04:49.7	01:22.8	06:13.1	01:23.4	07:41.5	01:28.4	09:09.1	01:27.6	10:37.9	01:28.7	12:04.2	01:26.2	13:31.0	01:26.8	14:59.2	01:28.2	16:25.1	01:25.9	17:45.1	01:19.9	
27	大久保 由紀夫	5000-5	17:46.5	22	37	00:41.9	00:41.9	02:07.9	01:25.9	03:31.9	01:24.0	04:56.0	01:24.0	06:20.0	01:24.0	07:46.3	01:26.2	09:09.8	01:23.5	10:35.3	01:25.4	11:59.9	01:24.6	13:27.4	01:27.4	14:56.3	01:28.9	16:25.7	01:29.3	17:46.5	01:20.7	
31	佐一木 雅典	5000-5	17:50.2	23	37	00:41.3	00:41.3	02:07.6	01:26.2	03:32.3	01:24.6	04:56.9	01:24.6	06:21.1	01:24.1	07:46.9	01:25.7	09:11.7	01:24.8	10:37.6	01:25.9	12:02.3	01:24.7	13:29.1	01:26.7	14:59.1	01:30.0	16:26.4	01:27.2	17:50.2	01:23.8	
43	嶋田 耕士	5000-5	17:52.7	24	37	00:41.4	00:41.4	02:07.6	01:26.1	03:32.2	01:24.6	04:56.5	01:24.2	06:20.3	01:23.8	07:46.3	01:25.9	09:10.9	01:24.6	10:37.5	01:26.6	12:05.4	01:27.8	13:34.1	01:28.6	15:03.0	01:28.8	16:31.2	01:28.2	17:52.7	01:21.4	
5	松井 孝夫	5000-5	17:55.4	25	37	00:39.3	00:39.3	02:06.5	01:27.1	03:30.7	01:24.2	04:54.8	01:24.0	06:19.6	01:24.8	07:45.0	01:25.3	09:09.9	01:24.9	10:37.0	01:27.0	12:04.9	01:27.9	13:34.9	01:29.9	15:05.6	01:30.7	16:36.1	01:30.5	17:55.4	01:19.2	
26	池永 敦	5000-5	17:58.7	26	37	00:42.0	00:42.0	02:06.9	01:24.9	03:31.5	01:24.5	04:57.4	01:25.8	06:22.9	01:25.5	07:50.9	01:28.0	09:19.0	01:28.1	10:50.1	01:31.0	12:19.2	01:29.1	13:48.1	01:28.8	15:15.6	01:27.4	16:40.5	01:24.9	17:58.7	01:18.1	
34	谷本 憲太郎	5000-5	18:03.8	27	37	00:40.1	00:40.1	02:06.0	01:25.8	03:30.2	01:24.1	04:54.2	01:23.9	06:18.1	01:23.9	07:44.2	01:26.0	09:09.9	01:25.7	10:38.9	01:28.9	12:06.7	01:27.8	13:38.5	01:31.8	15:13.7	01:35.1	16:46.2	01:32.5	18:03.8	01:17.6	
35	Granger Matth	5000-5	18:08.4	28	37	00:40.6	00:40.6	02:05.6	01:25.0	03:29.6	01:23.9	04:53.1	01:23.5	06:18.7	01:25.5	07:46.1	01:27.4	09:15.2	01:29.0	10:46.6	01:31.4	12:15.3	01:28.7	13:45.3	01:30.0	15:16.3	01:30.9	16:43.5	01:27.2	18:08.4	01:24.8	
42	徳田 隆之	5000-5	18:10.9	29	37	00:41.4	00:41.4	02:06.7	01:25.2	03:31.0	01:24.3	04:54.8	01:23.7	06:19.0	01:24.2	07:45.7	01:26.6	09:12.3	01:26.6	10:42.0	01:29.6	12:11.1	01:29.1	13:41.3	01:30.2	15:12.9	01:31.5	16:43.6	01:30.6	18:10.9	01:27.2	
37	新澤 英典	5000-5	18:12.7	30	37	00:40.3	00:40.3	02:06.7	01:26.3	03:31.4	01:24.7	04:56.3	01:24.9	06:20.6	01:24.2	07:47.1	01:26.5	09:14.7	01:27.5	10:44.0	01:29.2	12:14.9	01:30.9	13:45.9	01:30.9	15:18.4	01:32.5	16:48.7	01:30.3	18:12.7	01:23.9	
20	田中 勇希	5000-5	18:36.9	31	37	00:42.4	00:42.4	02:08.7	01:26.2	03:31.7	01:23.0	04:55.4	01:23.7	06:20.0	01:24.5	07:45.5	01:25.4	09:22.3	01:36.7	11:03.2	01:40.8	12:36.9	01:33.7	14:10.0	01:33.1	15:41.6	01:31.6	17:11.2	01:29.5	18:36.9	01:25.7	
10	小柳 浩二	5000-5	18:38.3	32	37	00:40.5	00:40.5	02:05.4	01:24.9	03:28.0	01:22.5	04:51.1	01:23.0	06:15.8	01:24.7	07:44.3	01:28.5	09:13.3	01:28.9	10:47.5	01:34.1	12:23.8	01:36.3	14:03.0	01:39.2	15:41.3	01:38.2	17:11.5	01:30.1	18:38.3	01:26.7	
36	越智 大介	5000-5	-	DNF	37	00:42.0	00:42.0	02:06.2	01:24.2	03:30.6	01:24.3	04:57.5	01:26.9	18:19.6	13:22.1	18:40.6	00:20.9															
16	島田 和幸	5000-5	-	DNF	37	00:42.1	00:42.1	02:08.2	01:26.1	04:57.6	02:49.4	07:46.6	02:49.0																			
40	島田 悟	5000-5	-	DNF	37	00:40.5	00:40.5	02:06.2	01:25.6	03:30.0	01:23.8	04:53.4	01:23.3	06:17.2	01:23.8	07:43.3	01:26.1	09:12.5	01:29.1													
21	山崎 雄大	5000-5	-	DNF	37	00:40.6	00:40.6	02:07.1	01:26.4	03:31.1	01:24.																					